

Child Mind Institute presents

Social-Emotional Skills Group

for Students in Grades 3-8

<u>Cost:</u> Free <u>Length:</u> 5 weeks, 1 hour per week <u>Dates:</u> Summer, exact dates to be determined <u>Topics Include:</u> Social Problem Solving, Relaxation Skills, Managing Big Emotions, among others

Sign up now because spots are limited! To register, contact [school contact] at [school contact email].

The Child Mind Institute is an independent, national nonprofit dedicated to transforming the lives of children and families struggling with mental health and learning disorders. Our teams work every day to deliver the highest standards of care, advance the science of the developing brain, and empower parents, professionals and policymakers to support children when and where they need it most. Together with our supporters, we're helping children reach their full potential in school and in life. We share all of our resources freely and do not accept any funding from the pharmaceutical industry. Learn more at childmind.org.