

Holywell News

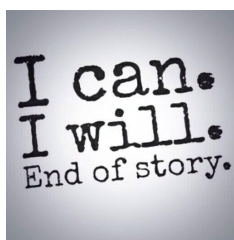
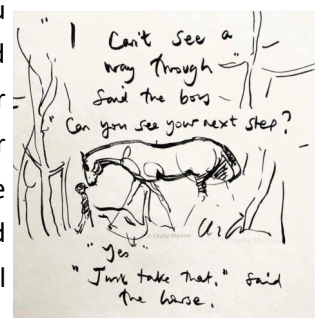
Home Learning edition

Recognising and Realising Aspirations

Dear Parents/Carers,

Term 3 has only just started but we have achieved so much already!

Firstly, I just want to say a massive thank you to all parents and carers for how quickly you have been able to adapt once more to the changes at this time. I know school closures and remote learning are not easy for anyone but you have been brilliant in encouraging your children to log in to Google Classroom each day and have done your best to support your children at this very difficult and challenging time. With your continued support I know we can work through these challenges together and come out of them much stronger and more resilient. Obviously, we don't know what is to come in the next few weeks but all indications are that schools will be working remotely up to at least the February half term.



I must also say a huge thank you to the staff. They have consistently gone over and above throughout the whole pandemic in their dedication to support all children to do the best they can. They have adapted to an ever changing set of circumstances, often with very little prior notice. They have shown resilience and persistence when faced with challenges and have not only made sure learning is in place, both at home and in school for children of critical workers and vulnerable children, they also continue to support those families and children who are

most in need at this time.

And, most importantly I want to say a huge well done to the children for how well you have adapted to online learning. It has been excellent to see how much you have engaged with the lessons and tasks in the first week. You have been brilliant! It was lovely to be able to catch up with some of you over the live Zoom sessions at the end of the first week. School is not the same place without you so it absolutely made my day being able to say hello!

I hope to be able to catch up with all of the classes over the next few weeks via the Zoom sessions so I look forward to saying hello to you all.

Please find below some updates on remote learning, including some important safeguarding information, as well as some lockdown ideas to keep you going. Stay safe and look after each other.

D Callaghan

Darran Callaghan,
Headteacher

CONVENTION ON THE RIGHTS OF THE CHILD

As a school that respects the rights of the children and adults in our school family, community and beyond, we aim to adhere to articles from UNICEF's Convention on the Rights of the Child.



Remote Learning plans

This is a reminder to you about what learning we will be providing on a daily basis throughout this new lockdown:

- At least 3 daily tasks. (One English and Maths and one other topic based learning)
- Children will be provided with an introduction to the daily tasks being set either written or pre-recorded.
- Some 'live' sessions where your child may be asked to log in to a Zoom call led by the class teacher (This option may only be available for children in Upper Key Stage 2 as a trial)
- Learning which is not 'online' such as art activities, writing tasks, outdoor learning (if appropriate and safe to do so by following current guidelines for isolation).
- Feedback will be provided to written work that has been submitted to the teacher through Google Classroom. The feedback will be offered within a daily window of time.
- A register will be kept of all pupils accessing the learning. Those absent will have a welfare call.
- Weekly check ins via Zoom – Class teachers to invite children attend a weekly Zoom call. The usual Online Safety rules will apply for all pupils, staff and parents.
- Additional calls from SLT may be made as appropriate.

When providing remote learning class teachers will be 'online' between 9.00am and 3.00pm and be available to provide feedback at an agreed time with their class (for example at the end of a morning session and at the end of the afternoon session). In line with Government guidance the aim is to set learning of between 3—4 hours a day depending on the year group.

It is important you support your child as much as possible with home learning at this time in order for them to continue working on their basic skills and to 'keep things ticking over'. As a minimum requirement we expect all children to complete the English and Maths learning on a daily basis as these form the foundation of many other subject areas in the curriculum.

We are monitoring children's attendance while they are remote learning. As with normal attendance, if your child is unwell on a particular day, please can you let the office know so they can inform the class teachers.

Live Sessions on Zoom and Safeguarding

We have learned much since the first lockdown and have become even more skilled at being able to use technology creatively to engage children in learning. We already had a excellent system in place but we continually work to tweak and improve the remote learning offer we have for all our children. For example, we are now beginning to introduce more live interactions between the teachers and children in some year groups. If this proves successful, we aim to do this in other year groups too. We are of course mindful of what this may bring...! Please see opposite our rules to keep everyone safe online when in a live session.



May I remind you of our rules for engaging with a live video call from home:

1. Video meetings should take place in a family room in the house, such as a living room or kitchen, not a bedroom.
2. Check to make sure that nothing private is visible behind you.
3. Only the child invited to the chat should be seen and heard during the call. Anyone else in the room should be out of view.
4. A supervising adult should remain in the room for the duration of the video call.
5. Children should be dressed appropriately (not in pyjamas), although school uniform is not required.
6. Cameras should remain on for the duration of the call.
8. Microphones should be muted when not required – all children should be familiar with how to mute and unmute themselves.
9. The chat facility should not be used unless directed to do so by the teacher.

Access to technology

The Department for Education has pledged to support disadvantaged families with accessing technology by working with mobile phone companies to offer parents and carers free increases to their monthly data allowances. The amount of data will vary according to each company. The DfE are also providing support through 4G wireless routers and laptops to schools.

We also have a small number of Chromebooks and laptops available for children who do not have any access to these devices at home as well as a small number of data only SIM cards for mobile phones for any families with very limited or no WIFI.

If you are struggling with accessing your child's learning because of the lack of available technology in your household, please contact the school office, office@holywell.kent.sch.uk, to discuss this with us.

Does your child have an Xbox or a PlayStation 4?

Did you know you can access Google Classroom via your child's Xbox or PS4 device?

They can use the built-in browsers which comes on the two devices. On Xbox, it is **Microsoft Edge**. On Playstation, it is the **"www" browser**.

Your child will probably know how to find the browsers on their consoles, but if not, each one has a search function they can access on the home screen.

If your child has a keyboard, they can plugin and use them to have a much easier navigation time. Otherwise, they will have to use their controllers to click on the classroom tiles, open up learning and type. They will be able to open learning activities/resources and interact with video and written instructions.



Xbox

1. Plug a keyboard into the Xbox USB slot
2. Go into my games and apps
3. Find Microsoft Edge and select
4. Type in: Google Classroom and log in as you would in on your other devices at home. You can then access your learning through Google Classroom, including: Word, Excel, PowerPoint, Google Docs and Slides
5. To move around you use the Xbox controller or plug in a mouse



PlayStation

1. Identify the PlayStation internet browser icon (it is WWW with dots around it)
2. Press the PlayStation logo on the controller
3. Go to the library and find options for games and applications
4. Go into applications, and you will find the internet browser
5. Type Google Classroom into the browser and log in as you would in on your other devices at home.
6. You can then access your work through Google Classroom and use essential packages



Useful video and links

https://www.youtube.com/watch?v=gxTldrjIT_Q&feature=youtu.be

<https://www.psu.com/news/how-to-access-google-classroom-on-your-ps4-and-ps5/>

<https://www.pocket-lint.com/apps/news/google/155204-how-to-use-google-classroom-on-xboxand-playstation>

Using your phone or tablet as a scanner

If you are planning to scan any work to send to your child's class teacher, there are several ways to do it.

On an iPhone or iPad

1. Open Notes and select a note or create a new one.
2. Tap the Camera button , then tap Scan Documents .
3. Place your document in view of the camera.
4. If your device is in Auto mode, your document will automatically scan. ...
5. Tap Save or add additional scans to the document.



On an Android phone

The best way to do this is through the Google Drive app which is pre installed on most android phones.

1. Open the Google Drive app .
2. In the bottom right, tap Add .
3. Tap Scan .
4. Take a photo of the document you'd like to scan. Adjust scan area: Tap Crop . Take photo again: Tap Re-scan current page . Scan another page: Tap Add .
5. To save the finished document, tap Done .

Lockdown Learning from the BBC and PE with Joe Wicks!

BBC Bitesize Lockdown Learning Mon 11 - Fri 15 Jan				
Monday	Tuesday	Wednesday	Thursday	Friday
Primary Learning on CBBC				
09:00 BBC Bitesize Daily 5-7 years Maths & History	09:00 BBC Bitesize Daily 5-7 years English	09:00 BBC Bitesize Daily 5-7 years Science	09:00 BBC Bitesize Daily 5-7 years Maths & French	09:00 BBC Bitesize Daily 5-7 years English & Wellbeing
09:20 BBC Bitesize Daily 7-9 years Maths & History	09:20 BBC Bitesize Daily 7-9 years English	09:20 BBC Bitesize Daily 7-9 years Science	09:20 BBC Bitesize Daily 7-9 years Maths & French	09:20 BBC Bitesize Daily 7-9 years English & Wellbeing
09:40 BBC Bitesize Daily 9-11 years Maths & History	09:40 BBC Bitesize Daily 9-11 years English	09:40 BBC Bitesize Daily 9-11 years Science	09:40 BBC Bitesize Daily 9-11 years Maths & French	09:40 BBC Bitesize Daily 9-11 years English & Wellbeing
10:05 Celebrity Supply Teacher Maths with Mark Labbett	10:05 Celebrity Supply Teacher English with Geri Horner	10:05 Celebrity Supply Teacher PE with Marcus Rashford	10:05 Celebrity Supply Teacher Gardening with Jeff Hordley & Zoe Henry	10:05 Celebrity Supply Teacher Food Science with Heston Blumenthal
10:15 Horrible Histories	10:15 Horrible Histories	10:15 Horrible Histories	10:15 Horrible Histories	10:15 Horrible Histories
10:45 Our School	10:45 Our School	10:40 Our School	10:45 Our School	10:45 Our School
11:05 Art Ninja	11:05 Art Ninja	11:05 Art Ninja	11:05 Art Ninja	11:05 Art Ninja
11:35 Operation Ouch!	11:35 Operation Ouch!	11:30 Operation Ouch!	11:35 Operation Ouch!	11:35 Operation Ouch!
BBC TWO Secondary Learning on BBC Two - Science Week -				
13:00 BBC Bitesize Daily Secondary 11-14 years				
14:00 Brian Cox's The Planets				
Continue your learning at bbc.co.uk/bitesize Catch up on all the shows on BBC iPlayer				

Please see the timetable of programmes produced by the BBC for all year groups. This will continue throughout the period of lockdown and may help to support some of the learning your child is doing from school.

Joe Wicks has relaunched his live "PE lessons" to keep children fit during the lockdown .

Why not join in as a whole family to keep everyone's mental and physical fitness healthy?

Online Drama and Performance workshops

As we cannot hold workshops in school at the moment, and it's not looking likely this will be able to happen post lockdown either, we have investigated how to bring virtual workshops to you in your homes. We have been investigating a company called Perform for Schools who have successfully moved their interactive performance and drama workshops online. There are a range of different topics we can choose from covering a number of different curriculum areas. It is hoped we can use some of the school enrichment fund, which we normally allocate to in school workshops, to book the company to lead the online sessions. More details of this will follow shortly.



THINGS TO DO AT HOME

Here are some extra family ideas to keep you busy during the lockdown...

RAINBOW SMOOTHIE

You will need quite a lot of fruit for this so you might want to do only a few colours if this helps.

Ingredients

RED LAYER

1 frozen banana
1/2 cup Greek yogurt, vanilla or plain
1/2 cup frozen raspberries
1/2 cup frozen strawberries
water or liquid for blending

ORANGE LAYER

1 frozen banana
1/2 cup Greek yogurt, vanilla or plain
1/2 cup frozen peaches
1 small orange
1/4 cup frozen mango
water or liquid for blending

YELLOW LAYER

2 frozen bananas
1/2 cup Greek yogurt, vanilla or plain
1 cup frozen pineapple
water or liquid for blending

GREEN LAYER

2 frozen bananas
1/2 cup Greek yogurt, vanilla or plain
1 handful (or more) spinach
1 cup frozen pineapple
water or liquid for blending

BLUE LAYER

2 frozen bananas
1/2 cup Greek yogurt, vanilla or plain
1 cup frozen pineapple
small amount of blue food colouring
water or liquid for blending

PURPLE LAYER

1 frozen banana
1/2 cup Greek yogurt, vanilla or plain
1 cup frozen mixed berries
water or liquid for blending

MAGENTA LAYER

1 frozen banana
1/2 cup Greek yogurt, vanilla or plain
1/2 cup sliced beets
1 cup frozen strawberries or raspberries



Instructions FOR EACH SMOOTHIE

1. Place all the ingredients in a blender and blend until smooth. Add more liquid to help it blend if it's too thick.
2. Transfer the smoothie to a bowl or container, rinse the blender and prep the next smoothie.

TO ASSEMBLE THE RAINBOW SMOOTHIE

1. Carefully layer each colour smoothie in glasses in rainbow order. If desired, blend the smoothie using a straw or stir stick. Top each smoothie with a toothpick filled with leftover fruit.

Make your own Sock Monkey!

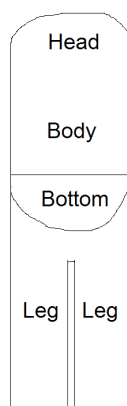
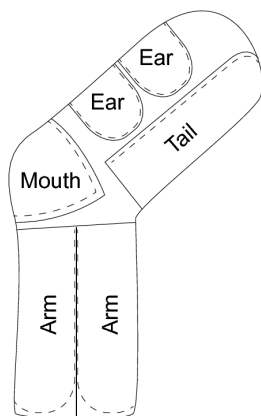
What you need:

A pair of socks (colourful ones are best for this)
Some stuffing (an old pillow might do)
A Needle and Thread
2 Buttons
Pair of scissors

Follow these very simple step by step instructions here:

<https://www.youtube.com/watch?v=jSZln3JY0dg>

You can use this template to help you make the different parts of your monkey:



When you have made your sock monkey, take a picture of it and post it to your class teacher on Google Classroom!

HEALTH AND WELLBEING INFORMATION

Symptom Free Testing

Kent County Council and Medway Council are now offering symptom free testing for anyone who does not have symptoms and lives or works in Kent can book a test.

Please visit

KENT RESIDENTS

<https://www.kent.gov.uk/social-care-and-health/health/protect-kent-and-medway/test-and-trace/symptom-free-testing>

MEDWAY RESIDENTS

<https://www.medway.gov.uk/info/200139/social-care-and-health/1254/coronavirus-covid-19-symptom-free-testing/2>

For details of how to book.

Please note, you will need to be able to visit one of the testing centres as home test kits are not available.

Flu Vaccinations

This is a reminder on Monday 18th January the school nursing team will be attending site to administer the flu vaccine which your child missed out on at the end of last year.

A letter has been sent out via ParentMail with the allotted times for your child.

May I remind you children will need to be brought to the school office by one parent (please ensure the parent is wearing a mask when on the school grounds).

If you no longer wish your child to have the vaccine, please let the nursing team know by emailing them at:-

kchft.cyp-immunisationteam@nhs.net

A message from Miss Taylor about looking after yourself and your family



During this pandemic, it is as important as ever to consider the emotional wellbeing and mental health of the whole family whilst in isolation. The impact of a crisis like this on children's emotional wellbeing and mental health should not be underestimated. Children can suffer acute anxiety when their lives are turned upside down. Coronavirus disruption is unsettling for adults and children alike. Of course, every family is different and has different circumstances but there are some key steps to take to consider everyone's needs.

Connect - Stay connected with friends and family during isolation. Use ZOOM online to chat and play games, send a postcard, wave at people during your daily walk

Be Active - Walk, run, or cycle every day, either alone or with the people you live with. Take part in PE with Joe daily or look for YouTube videos (with adults) for exercises to try at home. Sport England have some great resources on their website.

Take Notice - Remember things which make you HAPPY! Make a Thankful Jar and add things daily, create a time capsule, plant some seeds and watch them grow or try some meditation and breathing exercises. The CALM app has some good breathing videos.

Keep Learning - Take time to do more than school work! This is a good time to learn something new like riding a bike, sewing, origami or learning a new instrument. You may not be able to visit a museum right now but you can take a virtual tour of places like The Louvre.

Give – Isolation is difficult but there are still ways to show you care. Write a letter, send a small care package or offer to collect someone's shopping. You could tidy your neighbour's garden or help at home with cooking or cleaning. A lot of care homes have lonely residents right now so you could send a postcard to the residents to make them smile.

Please remember as a school we are still here to support you daily and you can contact any member of our DSL team via email dsl@holwell.kent.sch.uk.

Finally Kent County Council has launched a new 24 hour helpline called Kent Together to support vulnerable people in Kent who need urgent help, supplies or medication. The helpline will provide a single, convenient point of contact for anyone in the county who is in urgent need of help during the Coronavirus outbreak.

If you are vulnerable and have an urgent need that cannot be met through existing support networks, or are concerned about the welfare of someone else you can contact the Kent Together helpline at www.kent.gov.uk/KentTogether or by calling on 03000 41 92 92. It is a 24 hour service.

Above all else, stay safe and stay happy.

Miss Taylor

As in the previous Lockdown in March, the NHS has requested we circulate the guide for parents on Covid 19. You may find this useful to refer to during this time.

FOR PARENTS

A SPECIAL COVID-19 MESSAGE

When your child is ill or injured it is very difficult to decide if/when to call your child's GP, NHS 111, or go the Accident and Emergency Department (A&E). While the government is asking everyone to stay at home, it can be confusing to know what to do. Here is some guidance around what to do if your child shows any of the following symptoms or signs.



FOR ADVICE ON COVID-19 AND CHILDHOOD ILLNESSES/INJURIES VISIT WWW.NHS.UK

Designed by primary & secondary care clinicians from Barts Health NHS Trust & East London Health & Care Partnership

YOU SHOULD GO TO A&E AND/OR CALL 999 IMMEDIATELY IF:

APPEARANCE

- ▶ Pale/mottled/ashen/blue colour
- ▶ Collapsed/unresponsive/loss of consciousness
- ▶ No obvious pulse or heartbeat
- ▶ Severe allergic reaction

BEHAVIOUR

- ▶ Extreme irritability/pain/sleepiness (can be woken but falls asleep immediately)
- ▶ Seizure/jerking movements/fit

BREATHING

- ▶ Sucking in and out between ribs
- ▶ Flaring nostrils
- ▶ Extremely fast breathing
- ▶ Unusually noisy breathing

OTHER

- ▶ Bleeding from an injury that doesn't stop after 10 minutes of pressure
- ▶ Fever with a stiff neck

YOU SHOULD GO TO A&E IF:

APPEARANCE

- ▶ Dizziness/feeling faint
- ▶ Rash that does not fade when you press it

BEHAVIOUR

- ▶ Severe tummy pain

OTHER

- ▶ Burn
- ▶ Possible broken bone

OTHER

- ▶ Swallowed foreign objects (especially magnets/batteries)
- ▶ Temperature higher than 38°C in a baby younger than 3 months old
- ▶ Your child has special health care needs and you have a plan that tells you to go to A&E
- ▶ Feels abnormally cold to touch
- ▶ Expressing suicidal/significant self harm thoughts
- ▶ Head injury

YOU SHOULD CALL YOUR GP IF:

APPEARANCE

- ▶ Mild/moderate allergic reaction (known or suspected)
- ▶ New rash that fades when you press on it

BEHAVIOUR

- ▶ Mild irritability/sleepier than normal
- ▶ Moderate tummy pain
- ▶ Vomiting and diarrhoea
- ▶ Not passed urine for more than 12 hours

BREATHING

- ▶ Wheezing/fast breathing

OTHER

- ▶ Temperature >39°C (age 3-12 months)
- ▶ Temperature over 38°C for 5 days or more
- ▶ Accidental overdose of medication or other substances
- ▶ Ear pain for more than 2 days
- ▶ Emotional distress (where your child can't be reassured)

YOU SHOULD USE 111 ONLINE OR CALL 111 IF:

APPEARANCE

- ▶ Pink eyes/red eyes

BEHAVIOUR

- ▶ Ear pain for less than 2 days
- ▶ Mild tummy pain

BREATHING

- ▶ Cough
- ▶ Runny nose

OTHER

- ▶ Temperature over 38°C for less than 5 days



Department for Education

Updated information regarding Vulnerable Children and children of critical workers

Schools should remain open to vulnerable children and children of critical workers. Children with at least one parent or carer who is a critical worker can go to school if required. This includes parents who may be working from home. **The guidance sets out that parents and carers who are critical workers should keep their children at home if they can.**

Increasing data allowances on mobile devices to support disadvantaged children

Schools, academy trusts and local authorities can now request help to increase mobile data allowances for children and young people who:

- do not have fixed broadband at home
- cannot afford additional data for their devices
- are experiencing disruption to their face-to-face education.

Mobile data increases can also be requested when schools report a closure or have pupils self-isolating.

Schools can also make requests for children who cannot attend school face-to-face because they are clinically extremely vulnerable or restrictions pre-vent them from going to school.

If increasing mobile data isn't a suitable option for some children, schools can also request 4G wireless routers.

The e-Bug project is led by Public Health England and has a dedicated webpage for learning resources on hand washing and respiratory hygiene.

Resources are currently available for KS1, KS2 and KS3 and can be used in various settings including schools and at home:

<https://e-bug.eu/>

Department for Education coronavirus helpline

The Department for Education coronavirus helpline is available to answer questions about COVID-19 relating to education and children's social care. Parents and young people can contact this helpline as follows:

Phone: 0800 046 8687

Opening hours:

8am to 6pm – Monday to Friday

10am to 4pm – Saturday and Sunday