Rays of the One Light

Week 52

The Divine Ascension

Truth is one and eternal. Realize oneness with it in your deathless Self, within.

The following commentary is based on the teachings of Paramhansa Yoqananda.

In the Gospel of St. John, Chapter 14, we read:

I am the way, the truth, and the life: no man cometh unto the Father, but by me.

What is this "I," when spoken by a master who has conquered every vestige of ego-consciousness? Therein lies the mystery of true scriptural teaching. That "I" that is no "I": Does it even exist? In what way is it different from the consciousness that animates other human beings?

Jesus was not saying, "Look at me. Don't look at other masters." He was saying, rather, "Look at the divine Self that is the essence of who you are, your very Self. *You* are that 'I.' No man cometh unto the divine consciousness except by first recognizing his own intrinsic divinity, hidden behind his delusive ego."

The Bhagavad Gita, in the fourth Chapter, states:

O Son of Pritha [Arjuna], in whatever way people accept Me, in that same way do I appear to them. For all men, in some way, pursue the path to Me.

Meditate on the divine incarnations. Their lives, and the consciousness animating them, will be your stairway to the Infinite.

Thus, through Holy scripture, God has spoken to mankind.

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