

**NEW  
PRODUCT!**

# VITAMIN D3 COMPLETE

## *Daily Balance with A and K2*

- **Pure**, chemical-free and preservative-free Vitamin D3
- **Balanced** with pre-formed Vitamin A
- **Optimized** with Vitamin K2 in the potent Menaquinone-7 form\*
- **Completed** with DeltaGOLD® tocotrienols, in a base of Palm Oil
- **Delivered** in state-of-the-art fish-gelatin capsules (no beef gelatin)



**Would You Want a Year's Worth of Sunshine in One Day?  
Then Why Take That Chance with Vitamin D?**

**What's the rush?** At least 50 different body tissues contain vitamin D receptors. For vitamin D repletion and maintenance, modest and regular doses allow all the systems in the body to better utilize vitamin D.\*

**Does Vitamin D work alone?** High doses of vitamin D with little or no vitamin A risks worsening – or creating – a vitamin A deficiency. Vitamin K2 also has interactions with D and A – all three are important; by supplying 2000 IU of D3, 3000 IU of A, and 100 µg of K2, **Vitamin D3 Complete** insures that as vitamin D levels are restored, so is balance. For most individuals, **Vitamin D3 Complete** is a safe and effective way to take vitamin D every day, as long as needed.\*

*In the right form, a little D'll do ya –  
**Vitamin D3 Complete!***



In **NEW OceanCaps™**



Note: For higher dose supplementation of vitamin D, we recommend regular testing of vitamin D blood levels.

\*This statement has not been evaluated by the Food and Drug Administration. The product is not intended to diagnose, treat, cure, or prevent any disease.

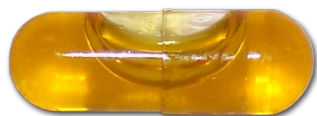
- Vitamin D3 Complete •
- 60 fish gelatin capsules •

76380

**AllergyResearchGroup®**



# VITAMIN D3 COMPLETE *Daily Balance with A and K2*



## *Discover Our NEW Pure OceanCaps™ Softgels!*

We knew that Vitamin D3 Complete had to keep oil-soluble vitamin D in its natural liquid form (and not dry it onto a medium, which potentially creates absorption problems.) The body breaks down all dietary nutrition into liquids, and liquids carry the essence of nutrients. The liquid form offers easy, more natural absorption.

But we didn't want to use old-fashioned beef gelatin softgels for this premium formula. So Vitamin D3 Complete is delivered in Licaps® OceanCaps™ 100% fish gelatin softgels. All natural OceanCaps™ are certified to be of high quality, farmed fish origin, preservative-free, starch-free, and gluten-free.

OceanCaps™ exceed the specifications for standard gelatin capsules, and offer many advantages:

- Small, slippery form makes them easy to swallow.
- Superior bioavailability, and gentle on the stomach.
- Easy to carry, convenient to take.
- Approved for pesco-vegetarian diets.
- Fast-acting – unlike some vegetarian capsules, OceanCaps™ quickly dissolve.
- Oxygen barrier prevents degradation, protecting potency of the ingredients.
- The proprietary nitrogen sealing process further protects against oxidation.

OceanCaps™ are compliant with European Pharmacopoeia Reference Standards, as well as those of the Council for Responsible Nutrition.

## **Vitamin D3 Complete**

(Item # 76380)

### **Suggested Use**

As a dietary supplement, 1 capsule one or two times daily, or as directed by a healthcare practitioner.

**Serving Size: 1 Capsule**

**Servings Per Container: 60**

### **Amount Per Serving**

Vitamin D3 (as Cholecalciferol) .....2000 IU

Vitamin A (as Retinyl Palmitate) .....3000 IU

Vitamin K2 (as Menoquinone-7) ..... 100 mcg

Tocotrienols (as DeltaGOLD® Tocotrienols) ..... 5 mg

**Other ingredients:** Fish gelatin, palm oil, silicon dioxide, ascorbyl palmitate, d-Alpha-tocopherol, rosemary essential oil.



Vitamin D3 Complete is FREE of all artificial preservatives, additives, and chemicals, including sodium benzoate, sorbic acid, BHT, BHA, and lactose.

**Allergy Research Group®**

**Phone: 800-545-9960/510-263-2000 • Fax: 800-688-7426/510-263-2100**

**[www.allergyresearchgroup.com](http://www.allergyresearchgroup.com)**



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