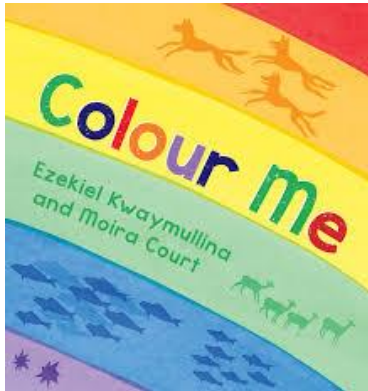


Love the story?

Get busy with Activity Time!



Colour Me

Author:
Ezekiel Kwaymullina

Illustrator:
Moira Court

Publisher:
Fremantle Press
Australia, 2017

Themes:

Colour, Nature, Animals,
Language, Diversity,
Cultural Diversity,
Aboriginal Culture

Activity Age:
All ages

Mindful Colouring

What you need:

- Internet access
- Coloured pencils
- Search the internet for a mindful colouring sheet that represents diversity, individuality or nature.
- Download and print your chosen colouring sheet.
- Choose a quiet and calm place to colour.
- Practise being present in the moment by focussing on the colours you choose and where you wish to apply them.

Scan your QR Code
to view the story.

