

**Bremen High School District 228  
2022-2023 Safe Return to In  
Person Instruction and Continuity  
of Services Plan  
April 3, 2023**





District 228 Students, Staff, and Families,

The attached document is the Bremen High School District 228 Safe Return to In Person Instruction and Continuity of Services Plan. This plan includes updated information from the Center of Disease Control (CDC) released on May 27, 2022, as well as feedback from our community.

Our District will continue to monitor and communicate changes to CDC/ISBE/IDPH guidelines in a timely manner. I am looking forward to welcoming back all of our students to the campuses and thank you in advance for your support and cooperation.

Sincerely,

Brad J. Sikora, Ed.D  
Superintendent  
Bremen High School District 228

# TABLE OF CONTENTS

- **Key Items.....page 1**
- **School Day.....page 2**
- **SIP Days.....page 3**
- **Learn From Home.....page 4**
- **Academic Assistance & Grading.....page 5**
- **Social-Emotional & Mental Health.....page 6**
- **Vaccination Information.....page 7**
- **Social Distancing and Other Preventative Strategies.....page 8**
- **COVID-19 Testing and Quarantine Procedures.....page 9**
- **Athletics and Activities.....page 10**
- **Visitor Guidance.....page 11**
- **Other Inquiries.....page 12**
- **Changes to Prevention Strategies.....page 13**
- **Additional Communication.....page 14**
- **Additional Questions.....page 15**

# KEY ITEMS

- Students and staff should expect to return to school in person this fall.
- D228 classrooms and buildings will maintain three feet of social distancing when possible.
- District 228 may request voluntary submission of vaccination verification.
- All individuals, regardless of vaccination status, are required to quarantine when exposed to COVID-19, are sick, or suspect that they may have COVID-19, but do not have test results.
- COVID-19 prevention strategies can be adjusted or changed based on outbreaks, increasing trends in the school/community, local vaccination levels, and any other required changes based on current guidance.



# SCHOOL DAY

Beginning with the 2022-23 school year, all District 228 students and staff must return to full, in-person learning for all attendance days.

## Bell Schedule

District 228 will return to the traditional 5 day a week, 8-period day with 55-minute classes, lunch and study halls.

Bremen/Tinley Park		Hillcrest/Oak Forest	
Period 1	7:00 am – 7:55 am	Period 1	7:15 am – 8:10 am
Period 2	8:00 am – 8:55 am	Period 2	8:15 am – 9:10 am
Period 3	9:00 am – 9:55 am	Period 3	9:15 am – 10:10 am
Period 4	10:00 am – 10:55 am	Period 4	10:15 am – 11:10 am
Period 5	11:00 am – 11:55 am	Period 5	11:15 am – 12:10 pm
Period 6	12:00 pm – 12:55 pm	Period 6	12:15 pm – 1:10 pm
Period 7	1:00 pm – 1:55 pm	Period 7	1:15 pm – 2:10 pm
Period 8	2:00 pm – 2:55 pm	Period 8	2:15 pm – 3:10 pm

\*\*\*While students and staff will be learning/teaching in-person, it is expected that technology will continue to be used in the classroom. This includes the use of Google Classroom as a way of accessing content, activities, and potential assessments.

# SIP DAYS

Staff, students, and families should also be aware of School Improvement Planning Days, or SIP Days. This year, a second SIP Day was added to the school year. This will result in an early dismissal day for students. SIP days will occur on the dates listed below.

- August 31
- September 14 and 28
- October 12 (fall testing for grades 9-11) and 26
- November 9 and 23
- December 7 and 23 (last day of the first semester)
- January 18
- February 1 and 15
- March 1 and 15
- April 12 (spring testing for grades 9-12, if applicable) and 26
- May 17 and 26 (last day of the second semester)

## SIP Day Bell Schedule

Bremen & Tinley Park		Hillcrest & Oak Forest	
1	7:00 a.m. - 7:55 a.m.	1	7:15 a.m. - 8:10 a.m.
2	8:00 a.m. - 8:30 a.m.	2	8:15 a.m. - 8:45 a.m.
3	8:35 a.m. - 9:05 a.m.	3	8:50 a.m. - 9:20 a.m.
4	9:10 a.m. - 9:40 a.m.	4	9:25 a.m. - 9:55 a.m.
5	9:45 a.m. - 10:15 a.m.	5	10:00 a.m. - 10:30 a.m.
6	10:20 a.m. - 10:50 a.m.	6	10:35 a.m. - 11:05 a.m.
7	10:55 a.m. - 11:25 a.m.	7	11:10 a.m. - 11:40 a.m.
8	11:30 a.m. - 12:00 p.m.	8	11:45 a.m. - 12:15 p.m.
<b>School Improvement Planning Time</b>	12:05 p.m. - 2:05 p.m.	<b>School Improvement Planning Time</b>	12:20 p.m. - 2:20 p.m.

# LEARN FROM HOME

In agreement with ISBE, District 228 expects its students and staff to return to fully in-person learning this fall.

## Homebound Instruction

If a student is medically ineligible to get a vaccine or is medically unable to attend school, parents/guardians can work with their medical doctor to apply for homebound instruction; the ISBE application form is available [here](#).

- Once completed, an appointment should be made with the assistant principal for student services in the student's home school to discuss appropriate instruction.
- Special education and related services will be provided as outlined in the IEP for homebound special education students unless the team determines that modifications need to be made. An IEP meeting may need to occur to discuss services while the student is homebound.

## Instruction During Quarantine

- If a student is under quarantine, he/she will **not** be connecting remotely to the classroom for live instruction.
- Assignments will be provided to the student by their classroom teachers.
- Assignments may also be in the form of lessons provided via our online curriculum, Edgenuity.
- Tutoring assistance will be provided.



# ACADEMIC ASSISTANCE & GRADING

## Academic Assistance

Students can expect to receive support from his/her classroom teachers. In addition, building tutors are available during study hall. The District is also providing every student with access to an online tutoring service through Paper.Co and it is available 24/7.

## Grading

The District will continue to use its traditional grading system as defined by the [student handbook](#), so all coursework will result in a grade of A, B, C, D, E or P. Incomplete grades may be issued to a student, who has the potential to pass the course with some additional assignments. Incomplete work that is not finished in a timely manner will result in the student receiving a failing grade.

Grades will be updated as frequently as possible in PowerSchool, so students and parents can monitor student progress. Students who are having difficulty completing assignments should reach out to his/her teacher.

Pass/Grade will only be available for those courses outlined in the District's [Curriculum Handbook](#) and must be filed with the Student Services office during the first two weeks of the semester. Pass/Grade is not an option at the end of the semester.



# SOCIAL-EMOTIONAL & MENTAL HEALTH

The District has a robust student services team to assist with social-emotional needs. This includes access to social workers, psychologists, counselors, nurses, and deans.

This year, our student services team will be speaking with 9th and 10th grade students about the social and emotional services during the opening week of school.

District 228 staff members are also aware of the potential increased need for social and emotional resources as a result of the pandemic. Staff will be diligent and have a heightened awareness for recognizing students' needs.

Here are some examples of programs and initiatives the district regularly uses to encourage social and emotional well-being:

- Start with Hello Week
- See Something, Say Something
- Mental health education as a part of health classes
- Trauma-Informed Organizational Assessment (TIAO) training and professional development for staff
- Internal and external referral processes
- Universal mental health screeners
- Tiered system of support



# VACCINATION INFORMATION

## THE CDC STATES:

- A **growing body of evidence** suggests that people who are fully vaccinated against COVID-19 are less likely to have an asymptomatic infection or transmit COVID-19 to other people who are not fully vaccinated.
- Vaccination is currently the leading public health prevention strategy to end the COVID-19 pandemic. People who are fully vaccinated against COVID-19 are at low risk of symptomatic or severe infection.
- People who are fully vaccinated can safely resume activities they did before the pandemic, except when prevention measures are required by federal, state, local, tribal, or territorial laws, rules, regulations, including local business and workplace guidelines.



For anyone who is still looking for a COVID-19 vaccine, please visit [vaccines.gov](https://www.vaccines.gov) to find a vaccination location near you.



District 228 may request voluntary submission of vaccination verification.



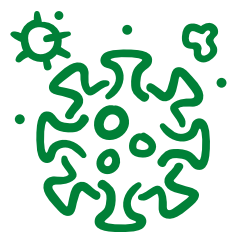
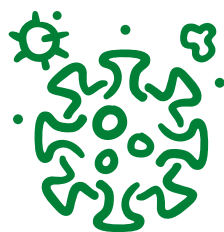
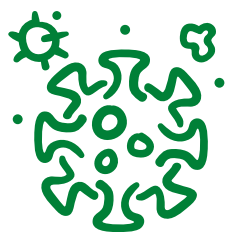
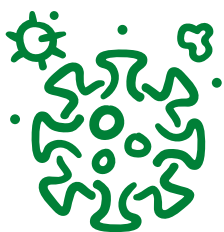
If a student's vaccination status is shared with the district, it will be kept confidential, like all other health information.

# SOCIAL DISTANCING AND OTHER PREVENTATIVE STRATEGIES

- All District 228 buildings will maintain at least three feet of physical distance when possible.
- School restrooms and locker rooms will still be available for use. Hand dryers have been disconnected as they have been proven to spread germs in small spaces. Instead, non-touch, pull-down paper towel dispensers have been made available.
- Our district has purchased an iWave Air Purification system for each of our schools. The purification system is attached to each classroom's air handling system and helps to eliminate polluted air, germs, and viruses such as COVID-19. To learn more about how the purification system works, [click here](#).
- Students and staff are expected to adhere to handwashing, respiratory etiquette, and appropriate social distancing; safety posters are displayed throughout hallways, common spaces, bathrooms, etc. Additionally, hand sanitation stations will be available throughout District 228 buildings.
- District 228 will continue to regularly clean and disinfect its buildings with practices and products approved by the CDC.
- Staff, students, and families should self-monitor any symptoms for signs of illness each day; anyone not feeling well should stay home and alert their school; especially if they have tested positive for COVID-19.

# COVID 19 TESTING AND QUARANTINE PROCEDURES

- District 228 may recommend students and/or staff members get a COVID-19 test when coming in contact with infected individuals and/or displaying symptoms.
- At this time, District 228 will not require self-certification or temperature checks for any of our students, staff members, or visitors.
- CDC guidance requires individuals to isolate themselves from others when they have COVID-19 or COVID-19-like symptoms. Individuals testing positive for COVID-19 must isolate for five days. Individuals that have no symptoms or improved symptoms after five days may end isolation. If symptoms are not improving, individuals must continue to isolate.
- The District may request voluntary submission of vaccination verification.
- Staff or students that may have been in close contact with an individual experiencing COVID symptoms will be notified by the school administration; the nurse will provide quarantine and/or re-entry procedures.
- The District will continue to work with the Cook County Department of Public Health to report cases for contact tracing, and require isolation and quarantine as recommended for exposed or ill staff and/or students.



# ATHLETICS AND ACTIVITIES

- Due to increased exhalation that occurs during physical activity, some sports and/or activities can put players, coaches, trainers, and others who are not fully vaccinated at increased risk for getting and spreading COVID-19. High-risk sports and activities may be canceled in areas of high community transmission unless all participants are fully vaccinated. Therefore, the athletic and/or activity departments may ask for proof of vaccination.



# VISITOR GUIDANCE

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- The district continues to advise that all non-essential visitors continue to conduct their business online, via email, or over the phone when possible.
- Visitors should maintain three feet of social distancing when possible.



## OTHER INQUIRIES

**Will the students have access to their lockers this year?**

Yes.

**Will the students have access to locker rooms and will they be asked to change for PE?**

Yes.

**What will the lunchrooms look like?**

District 228 will follow CDC guidance found under "Food Service and School Meals" on its website. This includes social distancing at three feet when possible and cleaning lunch areas frequently.

**Who will determine if my student is ill, may need to quarantine, etc.?**

The school nurse. In addition to a fully certified nurse, each school has a nurse's assistant to help with all medical needs of students.

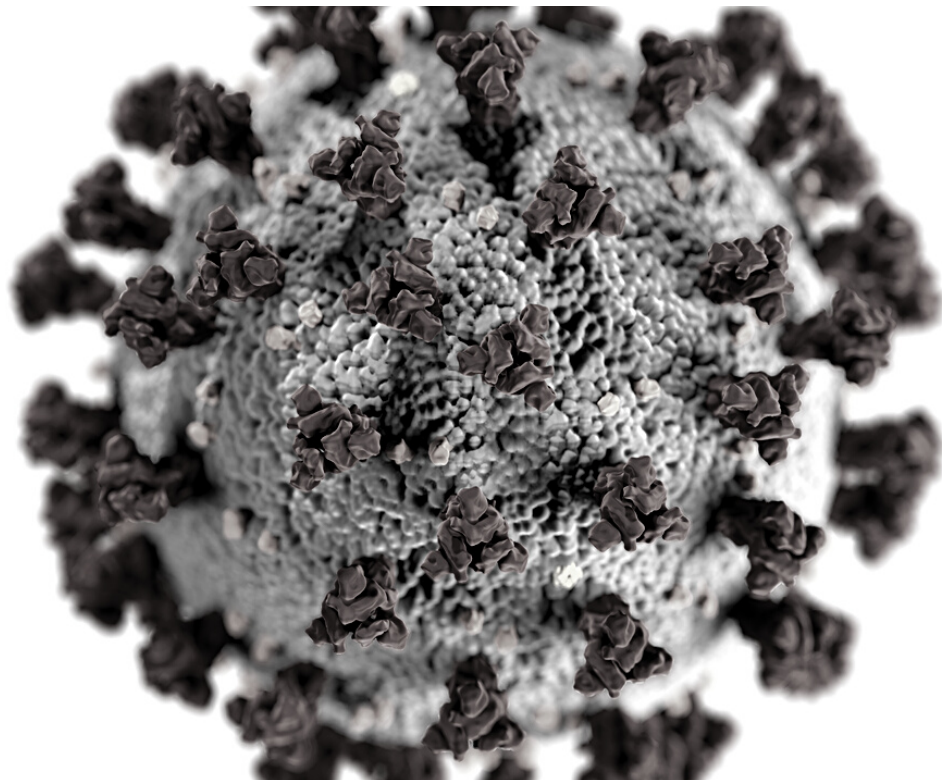
**Will school dances resume?**

Yes, as of right now the district is planning to host regularly scheduled school events including dances with recommended prevention strategies such as those listed in this document.



# CHANGES TO PREVENTION STRATEGIES

- An opportunity for public comment is provided at the end of the document. This feedback will continue to be taken into consideration.
- The contents of this plan may be altered for staff, students, and families if conditions change per the CDC, IDPH, and ISBE.
- COVID-19 prevention strategies can be adjusted or changed based on outbreaks, increasing trends in the school/community, local vaccination levels, and the feasibility of these strategies.
- Changes to these measures may include:
  - COVID testing mandates
  - Daily symptom certification
  - Reduction in athletics/activities
  - Other mitigation measures recommended by health officials



# CONTINUED COMMUNICATION

Communication is vital in moving forward. If you believe you have not been receiving communications from our district through all avenues which include a phone call, text, and email, then please access your PowerSchool account and ensure your correct and most up-to-date contact information has been provided. If you need assistance with this process, please contact your school's main office.

District 228 will continue to provide updates and important communications by phone, email, social media, and on the District 228 website.

## District 228 Phone Numbers:

- District 228 Administration Center, 708-389-1175
- Bremen High School, 708-371-3600
- Tinley Park High School, 708-532-1900
- Hillcrest High School, 708-799-7000
- Oak Forest High School, 708-687-0500



## District 228 Website:

- District 228, [bhsd228.com](https://bhsd228.com)
- Bremen High School, [bremen.bhsd228.com](https://bremen.bhsd228.com)
- Tinley Park High School, [tinley.bhsd228.com](https://tinley.bhsd228.com)
- Hillcrest High School, [hillcrest.bhsd228.com](https://hillcrest.bhsd228.com)
- Oak Forest High School, [oakforest.bhsd228.com](https://oakforest.bhsd228.com)

## District 228 Social Media:

- [District 228 Facebook Page \(@BHSD228\)](#)
- Bremen High School
  - [Twitter \(@BremenNation\)](#)
  - [Instagram \(@BremenBraves\)](#)
- Tinley Park High School
  - [Twitter \(@TinleyParkHigh\)](#)
  - [Instagram \(@TinleyParkHigh\)](#)
- Hillcrest High School
  - [Twitter \(@HCHawkEye\)](#)
  - [Instagram \(@hchs\\_hawks\)](#)
- Oak Forest High School
  - [Twitter \(@ExperienceOFHS\)](#)
  - [Instagram \(@ExperienceOFHS\)](#)



## ADDITIONAL QUESTIONS?

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If you have additional questions in regards to the information provided in this communication, or if you would like to provide feedback on the Safe Return to In Person Instruction and Continuity of Services Plan, please [click here](#).

We will do our best to answer questions in a timely fashion and thank you for your patience.



If you do not have a question, but would like to voice a concern, please reach out to our public relations specialist, Yasmeen Sheikah at [ysheikah@bhsd228.com](mailto:ysheikah@bhsd228.com).

If you are a staff member who has further questions or concerns, please reach out to Dr. Dan Goggins at [dgoggins@bhsd228.com](mailto:dgoggins@bhsd228.com).