

Re-imagining Prayer

Women's Weekend Retreat 2021

with Linda Mastro at The Foehliage, in Galena, Maryland



Friday, October 8 - Sunday, October 10

"These are some of the things that prayer is. Prayer is rhythm. Prayer is comfort. Prayer is disappointment. Prayer is words and shape and art around desperation, and delight and disappointment and desire. Prayer can be the art that helps you name your desire."

~ Padraig O Tuama

The Retreat House at Hillsboro is pleased to host this weekend retreat led by Linda Mastro at The Foehliage in Galena, Maryland.

Sink into the beauty of fall as we experience prayer practices that invite us to a new relationship with God, with ourselves, and with the people in our lives. The comfort and hospitality of the Foehliage will provide an environment for deep listening and heartfelt response. We will have opportunities for conversation, silence, movement, and contemplation. Together we will explore body prayer, journaling, lectio divina, walking meditation, and other experiences that bring our bodies, minds, and spirits into the act of authentic prayer.

Find more about the retreat and how to reserve your space and register [\(here\)](#).



LINDA MASTRO is a graduate and on the faculty of the Bon Secours Spiritual Direction Institute in Marriottsville, MD. Linda serves in liturgical ministry at Saints Peter and Paul Catholic Church in Easton and is a spiritual guide for individuals and groups. Linda is a graduate of the University of Delaware and the Maryland University of Integrative Health. A life coach, retreat leader and professional writer, Linda is co-author of the book [Petite Retreats: Renewing Body, Mind, and Spirit without Leaving Home](#). Linda lives in Easton, Maryland. Learn more about Linda at livingpilgrimage.com.