

Health Experts recommend office workers use a Standing Desk for **2-HOURS** daily



Only 5% of typical Standing Desk users stand for the recommended **2-HOURS** daily at their desk.

Active Desk Powered by Active Working®

- ✓ Set Goals, Heights & Timers
- ✓ Nudge Reminders
- ✓ Boost Calorie Burn
- ✓ Operates via PC, Phone or Smartwatch



SMART Active Desks

Active Desks integrate smart app features to encourage greater movement at height-adjustable desks. Compatible with PC, phone, and watch, they enhance wellness and ergonomics for a healthier work experience.

Active Working® App

Lifetime Subscription to boost usage, track performance & improve health



Move More @Work

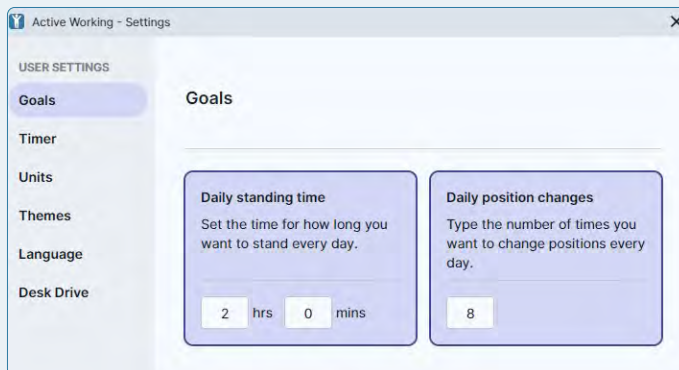
All SMART **Active Desks** come with a lifetime subscription to the **Active Working® App**:

- Set-up desk heights for sitting/standing
- Define goals and track performance (inc calorie burn)
- Set Timer prompts to remind you to “change position”

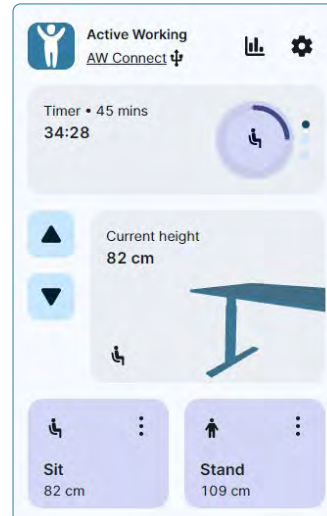
Download Active Working® App to PC, Phone and/or Watch from relevant Microsoft, Apple or Android App Stores

Set Goals

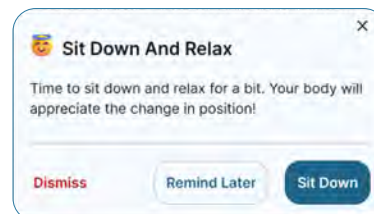
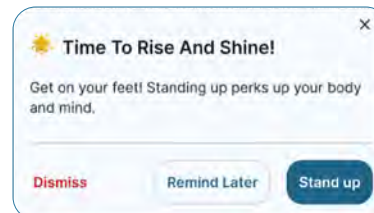
Set personal goals for both **standing time** and **position changes**. This will determine the **reminder messages** to keep you active throughout the workday, thereby improving well-being and boost productivity.



Manage Desk Heights



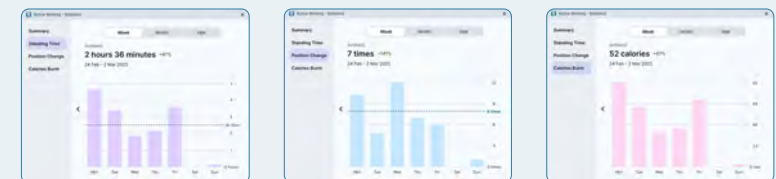
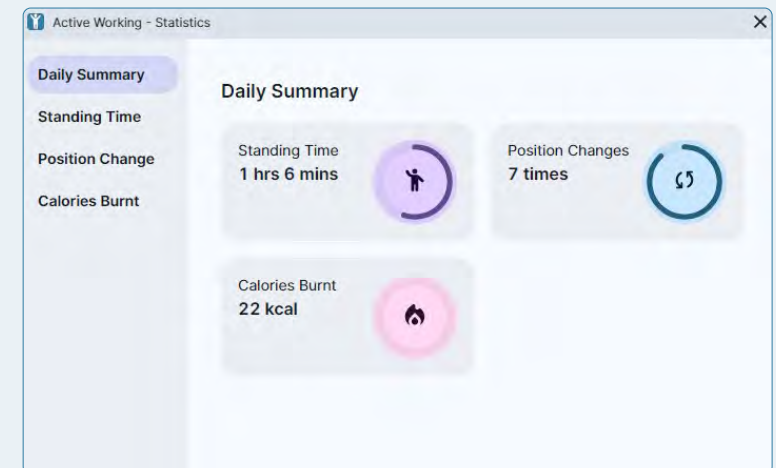
Nudges & Reminders



Track Movement & Performance

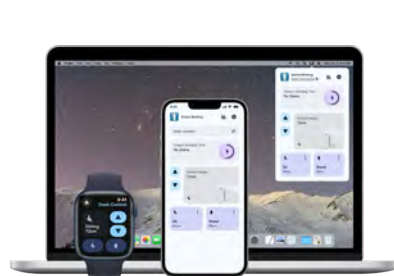
Gain insights into your daily, monthly, and annual activity with simple analytics. Improve ergonomics and health with real-time tracking of:

- Standing Hours
- Daily Position Changes
- Calories Burned



Active Working® App





ACTIVE 2

Active 2 is a next-gen dual motor SMART Desk. Set desk heights, movement timers, and goals via the **Active Working® App**. Track performance to reach NHS-recommended standing time. Made from recycled steel, WEEE certified with refurbish options.

 **NEXT DAY Delivery**



Features

- **Dual Motor, 2 stage**, adjustable width frame
- Custom colours available for projects
- **Active Working® App** – lifetime subscription
- Smartphone, Smartwatch and PC controllable via Bluetooth and/or USB
- Fully Circular: WEEE certified with refurbishment options

Specifications

Colours	Black, White, Silver
Motors	2 (2-Stage Telescopic Legs)
Load Capacity	100kg
Height Adjustment	662-1152mm (Frame Only)
Supported Top Size	W:1000–1600m D:600–800m
Sustainability Certification	ISO 14025 ISO 14040 EN 527-2 ISO 14044 ISO 21930
Low standby consumption	0.02W
Noise level / Speed	<48dB / 30 mm/sec
Anti-Collision Safety	Yes
Warranty	7- Years





ACTIVE 2+

Dual motor, 3-Stage standing desk engineered in Sweden. Recycled steel and designed for full circularity. WEEE certified, with refurbishment options to extend warranties and product life.

 **NEXT DAY Delivery**

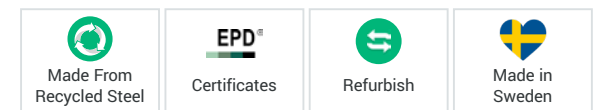


Features

- **Dual motor, 3 stage**, with adjustable width frame
- **Custom colours**: frames and tops available for projects
- **Quick Install**: pre-assembled frame. Single box.
- **Future-proof**: upgrade to SMART Desk with **Active Working® App**
- **Fully Circular**: WEEE certified, guaranteeing recovery at end of life or extend life with refurbishment options

Specifications

Colours	Black, White, Silver
Motors	2 (3-Stage Telescopic Legs)
Load Capacity	120kg
Height Adjustment	617-1267mm (Frame Only)
Supported Top Size	W:1000–1800m D:600–800m
Sustainability Certification	ISO 14025 ISO 14040 EN 527-2 ISO 14044 ISO 21930
Low standby consumption	0.02W
Noise level / Speed	<48dB / 32 mm/sec
Anti-Collision Safety	Yes
Warranty	7- Years





ACTIVE 3+

ACTIVE 3+ is a next-gen L-Shaped **SMART Active Desk**. Set desk heights, movement timers, and goals via the **Active Working® App**. Track performance to reach NHS-recommended standing time. Made from recycled steel, WEEE certified with refurbish options.

 **NEXT DAY Delivery**



Features

- **3 leg, triple motor, 3 stage**, adjustable width frame
- **Active Working® App** – lifetime subscription
- Smartphone, Smartwatch and PC controllable via Bluetooth and/or USB
- **Fully Circular**: WEEE certified with refurbishment options

Specifications

Colours	Black, White, Silver
Motors	3 (3-Stage Telescopic Legs)
Load Capacity	180kg
Height Adjustment	617-1267mm (Frame Only)
Supported Top Size	W:1000–1600m D:600–800m
Sustainability Certification	ISO 14025 ISO 14040 EN 527-2 ISO 14044 ISO 21930
Low standby consumption	0.02W
Noise level / Speed	<48dB / 32mm/sec
Anti-Collision Safety	Yes
Warranty	7- Years





ACTIVE Design

Swedish “**Design thinking**” sit-stand desk makes a statement. Set desk heights, movement timers, and goals via the **Active Working® App**. Track performance—including calorie burn—and reach NHS-recommended standing time. Made in Sweden from recycled steel, fully circular, WEEE certified, and refurbishable.



Customisable Options



Features

- **Designer Desk, Dual Motor, 3 stage**, adjustable width frame
- **Custom colours**: frames and tops available for projects
- **Active Working® App** – lifetime subscription
- Smartphone, Smartwatch and PC controllable via Bluetooth and/or USB connection

Specifications

Colours	Black, White, Silver
Motors	2 (3-Stage Telescopic Legs)
Load Capacity	120kg
Height Adjustment	620-1200mm (Frame Only)
Supported Top Size	W:1000–1800m D:800m
Sustainability Certification	ISO 14025 ISO 14040 EN 527-2 ISO 14044 ISO 21930
Low standby consumption	0.02W
Noise level / Speed	<48dB / 32 mm/sec
Anti-Collision Safety	Yes
Warranty	7- Years



Delivery
5-6 weeks



Made From
Recycled Steel



EPD®
Certificates



Refurbish



Made in
Sweden



ACTIVE Back-2-Back

Active Back-2-Back is a next-gen SMART Double Desk. Set desk heights, movement timers, and goals via the **Active Working® App**. Track performance to reach NHS-recommended standing time. Made from recycled steel, WEEE certified with refurbish options.



Customisable
Options



FLEXI
Format



Features

- **Double Desk, Dual Motor, 3 stage**, adjustable width frame
- **Active Working® App** – lifetime subscription
- Smartphone, Smartwatch and PC controllable via Bluetooth and/or USB Custom colours: frames and tops available for projects
- **Fully Circular**: WEEE certified with refurbishment options

Specifications

Colours	Black, White, Silver
Motors	2x2 (3-Stage Telescopic Legs)
Load Capacity	120kg per desk
Height Adjustment	617-1267mm (Frame Only)
Supported Top Size	W:1000–1800mm D:600–800mm
Sustainability Certification	ISO 14025 ISO 14040 EN 527-2 ISO 14044 ISO 21930
Low standby consumption	0.02W
Noise level / Speed	<48dB / 32 mm/sec
Anti-Collision Safety	Yes
MOQ / Origin / Lead time	10 units / EU / 5-6 weeks
Warranty	7- Years



Delivery
5-6 weeks



Made From
Recycled Steel



EPD®
Certificates



Refurbish



Made in
Sweden



Flytta

Swedish Sit-Stand. Circular by Design

Discover the unique **Flytta** desking range. Crafted with Swedish precision and engineered for sustainability.

Built to last, designed to adapt, and created with circular principles for a healthier planet and workspace.

Swedish Precision. Circular Future



Flytta® 2

Dual Motor, 2-Stage standing desk engineered in Sweden. Recycled steel and designed for full circularity. WEEE certified, with refurbishment options to extend warranties and product life.

 NEXT DAY Delivery

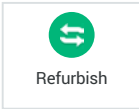


Features

- **Dual Motor, 2 stage** with adjustable width frame
- **Custom colours:** frames and tops available for projects
- **Future-proof:** upgrade to SMART Desk with **Active Working® App**
- **Fully circular:** WEEE certified, guaranteeing recovery at end of live or extend life with refurbishment options

Specifications

Colours	Black, White, Silver
Motors	2 (2-Stage Telescopic Legs)
Load Capacity	100kg
Height Adjustment	662-1152mm (Frame Only)
Supported Top Size	W:1000–1600m D:600–800m
Sustainability Certification	ISO 14025 ISO 14040 EN 527-2 ISO 14044 ISO 21930
Low standby consumption	0.02W
Noise level / Speed	<48dB / 30 mm/sec
Anti-Collision Safety	Yes
Warranty	7- Years



Swedish Precision. Circular Future



Flytta® 2+

Dual motor, 3-Stage standing desk engineered in Sweden. Recycled steel and designed for full circularity. WEEE certified, with refurbishment options to extend warranties and product life.

 NEXT DAY Delivery

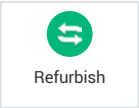


Features

- **Dual motor, 3 stage**, with adjustable width frame
- **Custom colours**: frames and tops available for projects
- **Quick Install**: pre-assembled frame. Single box.
- **Future-proof**: upgrade to SMART Desk with **Active Working® App**
- **Fully Circular**: WEEE certified, guaranteeing recovery at end of live or extend life with refurbishment options

Specifications

Colours	Black, White, Silver
Motors	2 (3-Stage Telescopic Legs)
Load Capacity	120kg
Height Adjustment	617-1267mm (Frame Only)
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Sustainability Certification	ISO 14025 ISO 14040 EN 527-2 ISO 14044 ISO 21930
Low standby consumption	0.02W
Noise level / Speed	<48dB / 32 mm/sec
Anti-Collision Safety	Yes
Warranty	7- Years



Swedish Precision. Circular Future



Flytta® 3+

3-Leg, 3-Stage standing desk engineered in Sweden using recycled steel and designed for full circularity. WEEE certified, with option to refurbish – avoiding landfill waste and minimising carbon emissions.

 **NEXT DAY Delivery**

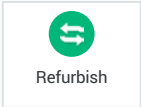
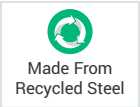


Features

- **Corner Desk, 3 stage**, triple motor with adjustable width frame
- **Custom colours**: frames and tops available for projects
- **Future-proof**: upgrade to SMART Desk with **Active Working® App**
- **Fully Circular**: WEEE certified, guaranteeing recovery at end of live or extend life with refurbishment options

Specifications

Colours	Black, White, Silver
Motors	3 (3-Stage Telescopic Legs)
Load Capacity	180kg
Height Adjustment	617-1267mm (Frame Only)
Supported Top Size	W:1000–1600m D:600–800m
Sustainability Certification	ISO 14025 ISO 14040 EN 527-2 ISO 14044 ISO 21930
Low standby consumption	0.02W
Noise level / Speed	<48dB / 32mm/sec
Anti-Collision Safety	Yes
Warranty	7- Years



Swedish Precision. Circular Future



Flytta® Back-2 Back

Dual standing desk engineered in Sweden using recycled steel and designed for full circularity. WEEE certified, with **option to refurbish** – avoiding landfill waste and minimising carbon emissions.

 Customisable Options

 FLEXI Format




Features

- **Double Desk**, Dual Motor, 3 stage, adjustable width frame
- **Custom Colours**
- **Future-proof**: upgrade to SMART Desk with Active Working® App
- **Fully Circular**: WEEE certified, guaranteeing recovery at end of life or extend life with refurbishment options


Specifications

Colours	Black, White, Silver
Motors	2x2 (3-Stage Telescopic Legs)
Load Capacity	120kg per desk
Height Adjustment	617-1267mm (Frame Only)
Supported Top Size	W:1000–1800mm D:600–800mm
Sustainability Certification	ISO 14025 ISO 14040 EN 527-2 ISO 14044 ISO 21930
Low standby consumption	0.02W
Noise level / Speed	<48dB / 32 mm/sec
Anti-Collision Safety	Yes
MOQ / Origin / Lead time	10 units / EU / 5-6 weeks
Warranty	7- Years

 Delivery
5-6 weeks

 Made From
Recycled Steel

 EPD®
Certificates

 Refurbish

 Made in
Sweden



Flexible Desktops for Trade Projects

No two projects are the same. Choose from a wide range of desktop sizes, colours, shapes and finishes to meet client requirements.

Stock options:
delivery in 24 hours









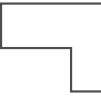
Stock colour volume lead times:
7–12 days

Made-to-order:
3–4 weeks (custom colours, shapes, edging)

Key Features:

- Heavy-duty 25mm laminate, heat and scratch resistant
- MFC core (180°C heat resistant)
- Metal-to-metal fixings for durability
- Optional plywood edging & premium grommets
- Custom wave, scallop and double wave shapes (3–4 weeks lead time)

DESKTOP DIMENSIONS

	100 x 60cm <i>No Portholes</i>
	120 x 70cm <i>No Portholes</i>
	120 x 80cm <i>With Portholes</i>
	140 x 80cm <i>With Portholes</i>
	160 x 80cm <i>With Portholes</i>
	180 x 80cm <i>With Portholes</i>
	140 x 160 x 80 x 60cm <i>With Portholes</i>
	160 x 160 x 80 x 60cm <i>With Portholes</i>
	180 x 160 x 80 x 60cm <i>With Portholes</i>

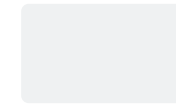
DESKTOP COLOURS



Timber



Oak



White



Light Grey



Black



Beech



Maple



Nebraska Oak



Walnut



Dark Grey

GROMMETS



PLASTIC (FREE)



Black, Grey and White



METAL (£15 each)



Black Matt, Chrome and White Gloss



PLYWOOD EDGING



Available with Black, Dark Grey and White (Additional surcharge)

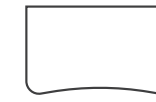
CUSTOM SHAPES AND SIZES**[1]



Wave



Scallop



Double wave



Custom Colours

Speak to our team for tailored advice and support.



FSC Certification

All our desktops are made in Britain and FSC certified, an environmental label that requires that the production of wood-based products respect procedures that guarantee the sustainable management of forests.

Flexi Formats

Your Desk. Your Design

ACTIVE Desks, include the Active Working® App and are available for next day delivery. Flexible design formats and custom colours are also available for projects.

Column Shape & Leg Format

Rectangular

Big / Down



Big / Up



Circular

Big / Down



Big / Up



Square

Big / Down



Foot Shape & Leg Position

Flat Foot (A)

Centered



Flat Foot (A)

Off-Centered



Tapered Foot (B)

Centered



Tapered Foot (B)

Off-Centered



Sidebars & Privacy Screen Support

Sidebar

Universal



Sliding Desktop

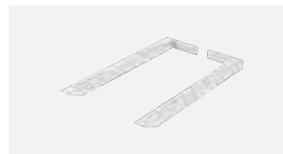


Privacy Screen Support



Sidebar

Sliding Desktop



Off-Centered Feet



Customisable options:

Leg Shape: Rectangular, Square or Circular

Leg Direction: Big UP or Big DOWN is a personal preference. Big UP provides marginally more stability at standing height but Big DOWN may look more elegant. You decide!

Sidebars: for Fixed or Sliding Desktops

Feet Finish: with Flat or Tapered edging

Bespoke RAL Frame colours 7-8 week lead time and minimum order of ONE pallet.

Circular Responsibility

Committed to helping our partners create workspaces that are active, agile but with best-in-class sustainability credentials. Our furniture is designed to support a circular mission to minimise environmental impact throughout the lifecycle.



Recycled and Sustainable Materials

Desk frames are made from 26% recycled steel. Pod frames are made from 100% hardwood ply and water-based adhesives. Pod fabrics are made from 100% recycled materials.



Refurbishment Program

Extend Product Life. Reduce Environmental Impact.

A cost-effective, high-quality and certified refurbishment service to support your clients' sustainability targets:

- **Range of services:** powder coating, component upgrades, full motor replacements
- **Refurbished to order,** reboxed and presented as new
- **Warranty extension:** 5 to 10 years



WEEE Compliant

Responsible Recycling. End-of-life processing with full traceability – zero landfill:

- **Official WEEE disposal** using unique tracking ID
- Steel and electronics fully recyclable
- **Client reassurance:** responsibly recycled, not discarded



FSC Certification

All our desktops are made in Britain and FSC certified, an environmental label that requires that the production of wood-based products respect procedures that guarantee the sustainable management of forests.



Eco Packaging

100% cardboard ECO packaging removing plastics and polystyrene from inner packaging.



Solar Power

Our factory and warehouse are powered by electric solar panels.

Environmental Certification



DESKING

Environmental Product Declarations (EPD):



- ✓ ISO 14025
Environmental labels and declarations
- ✓ ISO 14040
Environmental Life cycle assessment
- ✓ ISO 14044
Environmental Life cycle assessment
- ✓ ISO 21930
Sustainability in Buildings & Civil Engineering Works
- ✓ ISO 15804+A2
Sustainability of construction



PODS, BOOTHS AND MEDIA WALLS

- ✓ ISO 9001
Quality Management Systems
- ✓ ISO 14001
Environmental Management Systems



At the Heart of Workplace Evolution

Welcome to Yo-Yo OFFICE® – where our mission is to inspire active working, embrace agile design, and lead the way towards a circular future.

Since 2014, we've been at the forefront of transforming how we work, championing **movement**, **flexibility**, and **health** to meet the demands of the modern workplace. Guided by science and purpose, our mission – to **#SitLess** and **#MoveMore** – drives better productivity, sharper focus, and improved mental and physical wellbeing for today's workforce.

A personal journey fuels our passion. After losing my father to a coronary heart attack at 17, I made it my mission to inspire healthier lifestyles through smarter workplace design. Supported by **Public Health England**, we commissioned the first-ever **Expert Guidelines on standing and light activity** – published in the British Journal of Sports Medicine in 2015. These standards now guide organisations worldwide: **stand or move for two hours each day** to break the risks of prolonged sitting.

Through our **Get Britain Standing®** campaign, we helped spark a national movement against sedentary working culture.


But awareness alone is not enough. Despite wider adoption of height-adjustable desks, **95%** are not used actively. That's why we created the **SMART Active Desk**, powered by the **Active Working App**, helping users set goals, track movement, and build healthier habits – across PC, phone, and smartwatch.

Creating the Future of Work

At Yo-Yo OFFICE®, we believe workspaces should evolve with the people who use them – and with the planet in mind. Our expanding collection of **pods**, **booths**, and **acoustic walls** is designed to transform static offices into flexible, energised environments that support movement, focus, collaboration, and wellbeing.

Every product is built with a circular future at its core:

- WEEE Certified and **designed for circularity**, our end-of-life program ensures zero landfill through traceable recycling and high-quality refurbishment – helping clients cut waste, extend product life, and deliver on sustainability commitments.
- Pods and Booths are **upgradable** and **reconfigurable**, designed to adapt to changing needs
- Our ultra-mobile **Yo-Yo POD®** and **Yo-Yo WALL®**, use fabric made from recycled plastic



Gavin Bradley
Founder & Chief Executive Officer
Yo-Yo OFFICE® Ltd



Health Expert recommend office workers use a Standing Desk for **2-HOURS** daily.



Only 5% of typical Standing Desk users stand for the recommended **2-HOURS** daily at their desk.

Office workers sit for an average of **10 hours per day**, with **70% of this sedentary time occurring at work**. Prolonged sitting significantly increases health risks.



For better mental and physical health, it's essential to **switch between sitting and standing every 30 minutes** to stimulate internal organs and improve blood and oxygen circulation.

Public Health England commissioned **Active Working C.I.C** to convene international experts in sedentary behavior and physical activity to assess the scientific evidence on the impact of prolonged sitting in offices. Their **2015 Expert Statement**, published in the British Journal of Sports Medicine, recommends that desk-based workers spend **2–4 hours per day standing and engaging in light movement** to reduce health risks and improve well-being.



YO-YO OFFICE®

Keep Moving



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