



**Create an Active and Agile Office**

# Index

## AT THE HEART OF ACTIVE WORKING

Join the Workplace Revolution  
Benefits of Active Working  
On Your Feet Britain®

3

## SMART DESKS



Yo-Yo WELLNESS®

6

## SIT-STAND DESKS



Yo-Yo DESK® PRO 1  
Yo-Yo DESK® PRO 2 & 2+  
Yo-Yo DESK® PRO 3 & 3+  
Yo-Yo DUO® & DUO+

21

## DESK CONVERTERS



Yo-Yo DESK® CLASSIC  
Yo-Yo DESK® SLIM  
Yo-Yo DESK® GO

27

## ACOUSTIC BOOTHS



Yo-Yo POD® – MOBILE  
Yo-Yo POD® – CLOSED

31

## ACOUSTIC DIVIDERS



Yo-Yo WALL

40

## FABRICS



FABRICS

42

## CONTACT US



44

# At the Heart of Active Working

Welcome to **Yo-Yo OFFICE®** and our wellness inspired range of active office furniture solutions. Since our formation in 2014 our focus has been to encourage “**more movement and activity**” within the workplace to reduce the health risks associated with prolonged sitting. Growing scientific evidence informs us that the **#sitless #movemore** mantra is essential to improve productivity and both **mental & physical wellness** of office workers.

At the age of 17, I lost my father to a coronary heart attack, a loss which has driven me to be a force for positive health. With support from **Public Health England**, I commissioned the first global **Expert Guidelines Statement** on standing & light activity for office workers. Published by the **British Journal for Sports Medicine** in June 2015, these guidelines now serve as a benchmark. The **Expert Guidelines Statement** recommends we convert **TWO hours** of sitting time to standing or light activity (during working hours) to reduce the risks of prolonged sitting. In 2014 I launched the **Get Britain Standing®**, a campaign responsible for dramatic growth in awareness health risks connected with prolonged sedentary working of office workers.

**Yo-Yo DESK®** is the leading standing desk brand range in the UK and now sells across Europe. We recently launched the next generation **Yo-Yo WELLNESS®** range of SMART desking produced sustainably in Sweden. The product range has been designed and developed with integrated **wellness software**, which connects via Bluetooth to any laptop, computer or Smartphone. Yo-Yo WELLNESS empowers the user to set sit-stand goals, nudges them to change position and analyse performance ie calorie burn, sitting/standing time and position changes.

In 2022 we launched **Yo-Yo POD®** a unique acoustic booth range which focuses on being **#mobile, #modular** and **#multifunctional**. Yo-Yo POD® is ideal for agile workspaces which need ad hoc meeting space, acoustic privacy and inclusive to team members on the move. We are delighted to see workspaces benefit from being more adaptable and flexible.

We look forward to keeping you moving with both **Yo-Yo DESK®**, **Yo-Yo WELLNESS®** and **Yo-Yo POD®**



**Gavin Bradley**  
 Founder & Chief Executive Officer  
 Yo-Yo OFFICE® Ltd



Office workers spend an average 10 hours\* each day sitting;  
 70% of this sedentary time takes place at the office.

- Prolonged and excessive sitting results in increased risks of:
- Heart disease
  - Diabetes
  - Obesity
  - Cancer
  - Back ache
  - Dementia
  - Depression
  - Muscle



To improve mental and physical health it is essential to SWITCH between SITTING and STANDING positions every 30 mins to activate internal organs and boost circulation of blood and oxygen.

Weekly summary 4 Mar - 10 Mar



In January 2015, **Public Health England** and **Active Working C.I.C** jointly commissioned an Expert Statement\* on the impact of prolonged sitting in the office.

The primary recommendation was that desk-based workers should spend 2-4 hours of their office day in a standing position, to enjoy multiple health benefits.

\*Source Get Britain Standing / Active Working CIC.



# The Basics

## Posture and Positioning

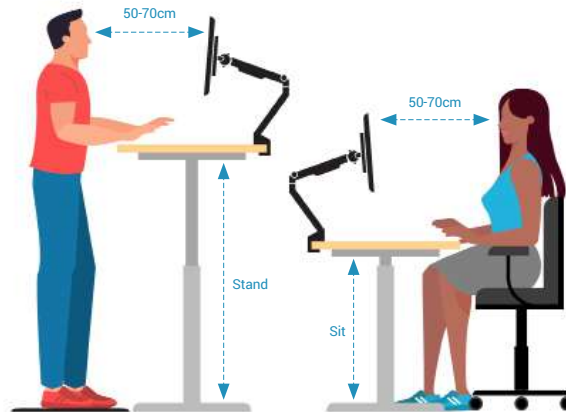
- Regular transitioning between sitting and standing
- Shoulders straight keeping correct posture
- Movement reduces risk of muscle fatigue (and pain)

## Head Position

- Neck straight, 50-70cm away from screen
- Eyes focusing on top third of screen

## Wrist Position

- Wrists at elbow height or slightly below
- Elbows at right angles



# How Movement Improves Your Health

## 1. Mental Health

Regular hourly movement activates key muscles groups, circulating blood, boosting oxygen flow and keeps internal organs active.

## 2. Physical Health

Every part of your body benefits from regular movement (including standing) including your brain, shoulders, back, core muscles, glutes and feet.

## 3. Productivity

It's simple – introducing minor movement changes into your daily routine will increase your mobility and boost your wellness.

Take frequent 'mini breaks' as opportunities to move up/down or away from your desk to help:



Activate your body



Increase your metabolic rate



Break down fats



Reduce blood sugar levels



Boost oxygen flow to your brain

# On Your Feet Britain



Take part in **On Your Feet Britain**® – the national **activity** awareness day when **2 MILLION desk-based workers** across Britain participate in a variety of fun and simple activities to **#SitLess** and **#MoveMore** at work.

Taking place this year on the **Thursday 24<sup>th</sup> April 2025**.

**On Your Feet Britain**® is a **FREE** and **FUN** way to reboot and energize your workplace habits and is also a great team activity. This year we're looking

Research shows that regular movement throughout the day leads to

- Better physical and mental health
- Improved concentration
- Increased motivation
- And many, many more wellbeing and performance benefits

Remember it's **FREE** to sign up, [www.onyourfeetday.com](http://www.onyourfeetday.com)

# Sustainability Focus

Passionate to improve the wellness of our environment, Yo-Yo OFFICE® sustainability drive includes:



## Recycled and Sustainable Materials

Desk frames are made from 26% recycled steel. Pod frames are made from 100% hardwood ply and water-based adhesives. Pod fabrics are made 100% from recycled materials.



## FSC Certification

All our desktops are made in Britain and FSC certified, an environmental label that requires that the production of wood-based products respect procedures that guarantee the sustainable management of forests.



## Eco Packaging

100% cardboard ECO packaging removing plastics and polystyrene from inner packaging.



## Solar Power

Our factory and warehouse are powered by electric solar panels.



## Easily Re-upholstered & Recycled

Yo-Yo PODS are designed to be easily re-upholstered & recycled. Both carcass & fabrics can be easily dismantled and replaced.



## Electric Vehicles

All our company cars are 100% electric powered.

# Environmental Certification

All products supplied by Yo-Yo OFFICE® meet the strictest of European Environmental, Sustainability and Quality Management



## DESKING

### Environmental Product Declarations (EPD):



- ✓ ISO 14025 Environmental labels and declarations
- ✓ ISO 14040 Environmental Life cycle assessment
- ✓ ISO 14044 Environmental Life cycle assessment
- ✓ ISO 21930 Sustainability in Buildings & Civil Engineering Works
- ✓ ISO 15804+A2 Sustainability of construction



## POD

- ✓ ISO 9001 Quality Management Systems
- ✓ ISO 14001 Environmental Management Systems





YO-YO WELLNESS®

Keep Moving

## SMART Desks

The Yo-Yo WELLNESS® height-adjustable desk range is equipped with SMART integrated software and control features designed to enhance mental & physical health, comfort, and overall well-being for users who spend extended periods working at their desks.

# SMART Desk

Integrated technology to boost usage, track performance & improve health.



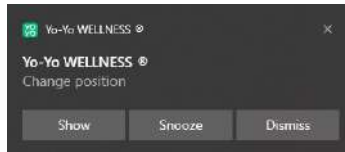
## Integrated WELLNESS Technology

All desks in the Yo-Yo WELLNESS® range include complimentary SMART integrated software which connect to the Yo-Yo WELLNESS® App\*:

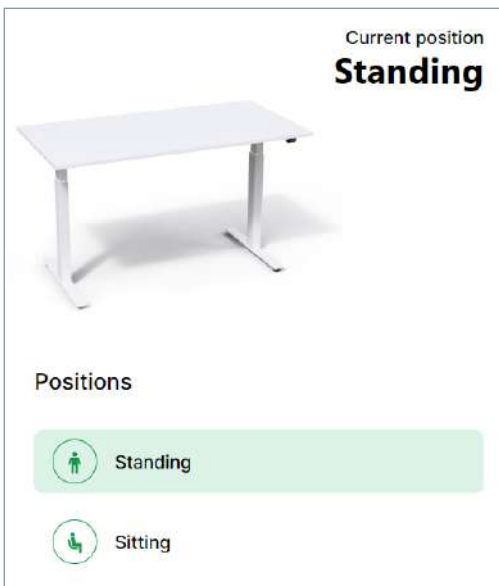
- Empowers the user to set-up & save desk heights for sitting/standing
- To set goals and track performance (inc calorie burn)
- Set Timer prompts to remind you to “change position”

\* Yo-Yo WELLNESS® software downloadable to PC (or Phone) from Microsoft, Android & Apple App Stores.

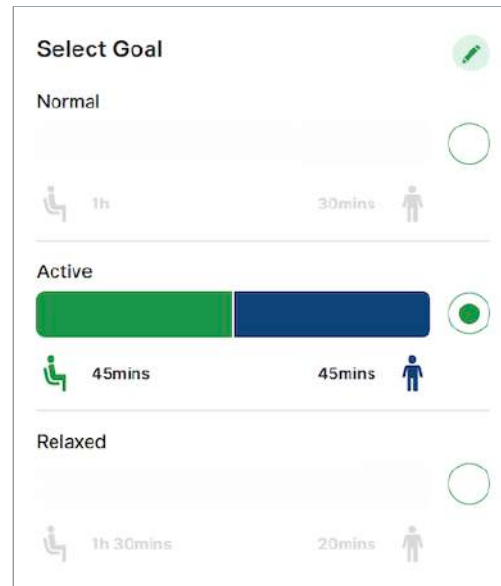
## Nudges & Reminders



## Manage Desk Heights



## Set Goals

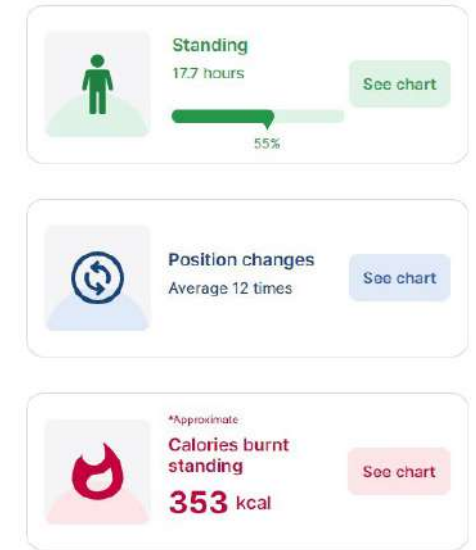


## Tracking Performance

Daily and weekly analysis allows Yo-Yo WELLNESS® to empower the user to engage and monitor better practices with the aid of **statistics and graphs**:

- Sitting and Standing hours
- Position Changes each day
- Calorie burn
- Active time at desk

## Weekly summary 25 Mar - 31 Mar



## Yo-Yo WELLNESS® App





**YO-YO WELLNESS®**

**UP&GO™**

Next Day Delivery / 5-Minute Install

## “SMART Desk” with unique focus on Wellness

Set-up & save a variety of features aimed at reducing sedentary behavior and minimising physical strain:

- Desk Heights for sitting/standing
- Goals for sitting/standing
- Timer Prompts
- Track performance



# YO-YO WELLNESS<sup>®</sup>

**EXEC 2+**

Custom Design Options / 5-6 Week Delivery

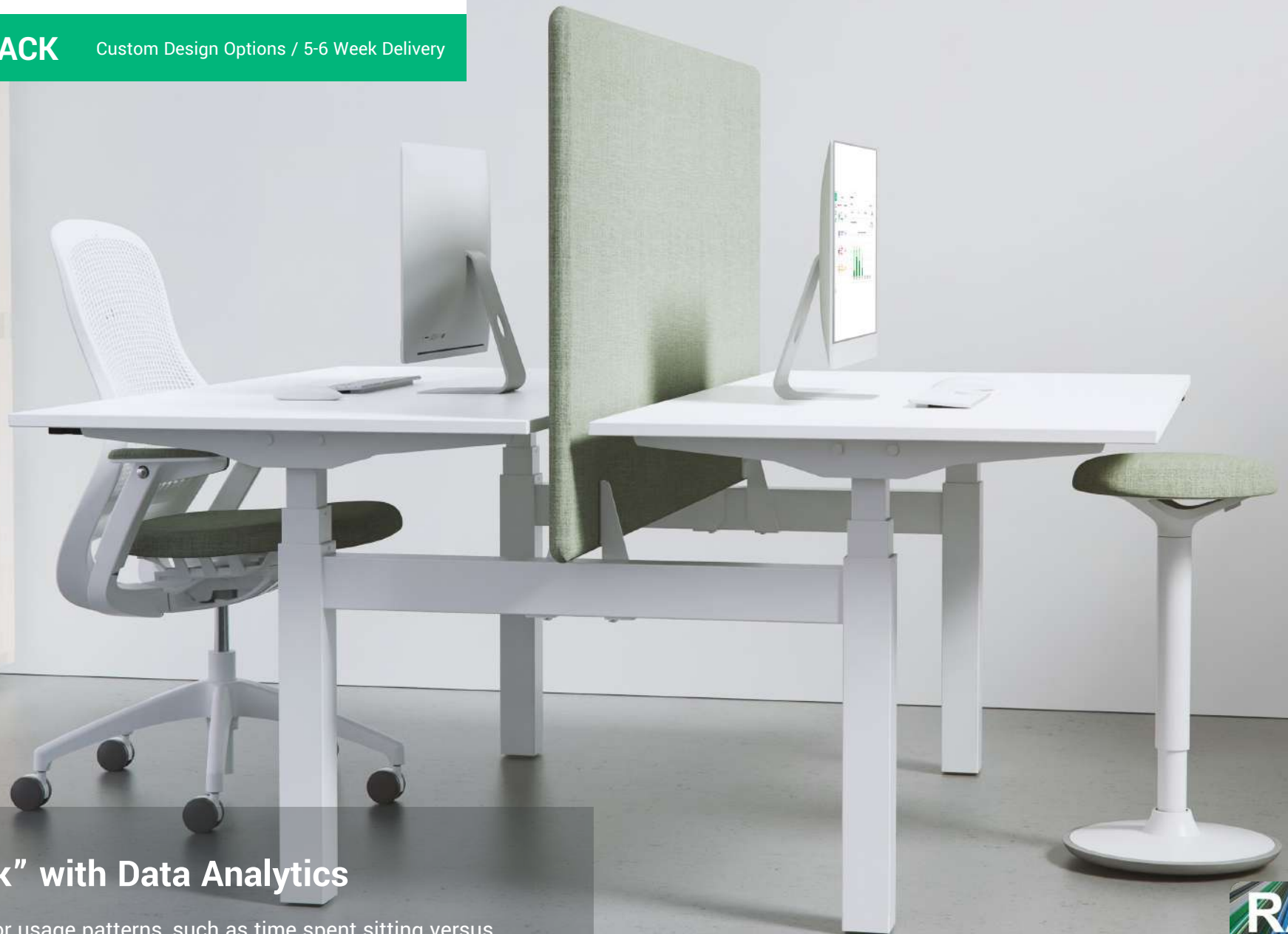
## “SMART Desk” with integrated Wellness Software

Integrated SMART sensors monitor desk usage, remind users to take breaks & provides feedback on ergonomics to promote better health and productivity.



# YO-YO WELLNESS®

**BACK 2 BACK** Custom Design Options / 5-6 Week Delivery



## “SMART Desk” with Data Analytics

**User Analytics:** monitor usage patterns, such as time spent sitting versus standing, calorie burn, position changes during each day.



# SMART Desk: Sustainably Built



## Integrated WELLNESS Technology

All desk models include complimentary SMART integrated software which connect to the Yo-Yo WELLNESS App, downloadable from both Microsoft, Android & Apple App Stores.



- Anti-Collision Technology
- Highest level of Environmental Certification



- Integrated Wellness Software
- Frame Colours: Black, White, Silver
- Bespoke RAL Frame Colour option
- 7-Year Warranty

## Environmental Product Declarations



- ISO 14025
- ISO 14040
- ISO 14044
- ISO 21930
- EN 15804+A2

## UP&GO™

NEXT Day Delivery & Quick Install



- Pre-Assembled / 5-Minute Install
- Height Range: 59 - 124 cm
- 100Kg Load capacity



Single Box



## Flexi Format

Custom Design Options / 5-6 Week Delivery

### Customisable Options\*

\* 1 pallet MOQ

- **Leg Shape:** Rectangular, Square or Circular
- **Leg Direction:** Big UP or Big DOWN
- **Sidebar:** Fixed or Sliding Desktop
- **Bespoke RAL Frame colours** (7-8 weeks)

### EXEC 2



- Height Range: 67 - 114 cm
- 120Kg Load capacity

### EXEC 2+



- Height Range: 59 - 124 cm
- 120Kg Load capacity

### EXEC 3+



- Height Range: 59 - 124 cm
- 180Kg Load capacity

### BACK 2 BACK



- Height Range: 59 - 124 cm
- 120Kg Load capacity

### MEETING



- Height Range: 59 - 124 cm
- 180Kg Load capacity

### MONO



- Height Range: 67 - 114 cm
- 60Kg Load capacity
- Foot Base: Cross or H

## Retrofit Flexibility

Custom Design Options / 5-6 Week Delivery

### DESK SIT



- Fixed height. Non-adjustable
- Compatible leg & frame design

### SITFLEX



- Fixed Height
- Incrementally Adjustable: 67 - 105 cm

# Flexi Formats

Yo-Yo WELLNESS® desks are available in flexible design formats. There is a modest minimum order quantity of only ONE pallet with a lead time of 5-6 weeks.

## Column Shape & Leg Format

### Rectangular

Big / Down



Big / Up



### Circular

Big / Down



Big / Up



### Square

Big / Down



## Foot Shape & Leg Position

### Flat Foot (A)

Centered



### Flat Foot (A)

Off-Centered



### Tapered Foot (B)

Centered



### Tapered Foot (B)

Off-Centered



## Sidebars & Privacy Screen Support

### Sidebar

Universal



### Sliding Desktop



### Privacy Screen Support



### Sidebar

Sliding Desktop



Off-Centered Feet



## Customisable options:

**Leg Shape:** Rectangular, Square or Circular

**Leg Direction:** Big UP or Big DOWN is a personal preference. Big UP provides marginally more stability at standing height but Big DOWN may look more elegant. You decide!

**Sidebars:** for Fixed or Sliding Desktops

**Feet Finish:** with Flat or Tapered edging

**Bespoke RAL Frame colours** 7-8 week lead time and minimum order of ONE pallet.



## UP&GO®

Designed with "Ease of use" and sustainability in mind for office or home offices, **UP&GO®** is an elegant pre-assembled frame which can be built in 5-minutes. Available for NEXT DAY delivery.

 NEXT DAY delivery

 5-Min Install

### Features

- Pre-Assembled, One box and Quick Install (5 minutes)
- Yo-Yo WELLNESS® software compatible

### Specifications

Colours	Black, White, Silver
Motors	2 (3-Stage Telescopic Legs)
Load Capacity	100kg
Height Adjustment	59-124cm (Frame only)
Sustainability Certification	ISO 14025    ISO 14040    ISO 14044 ISO 21930    EN 527-2
Low standby consumption	0.02W
Anti-Collision Safety	Yes
MOQ / Origin / Lead time	1 unit / EU / Next Day
Warranty	7- Years



Single Box





## EXEC 2

## FLEXI Format

Our **standard height** sit-stand desk solution customisable with multiple **Flexi-Format** options. **EXEC 2** is suitable for both small and large office environments.



FLEXI Format



Customisable Options



### Features

- **Flexi Format:** Leg shape, Leg Direction, Foot Design and Sidebars
- Yo-Yo WELLNESS® software compatible

### Specifications

Colours	Black, White, Silver or BESPOKE
Motors	2 (2-Stage Telescopic Legs)
Load Capacity	120kg
Height Adjustment	67-114cm (Frame only)
Sustainability Certification	ISO 14025    ISO 14040    ISO 14044 ISO 21930    EN 527-2
Low standby consumption	0.02W
Anti-Collision Safety	Yes
MOQ / Origin / Lead time	20 units / EU / 5-6 weeks
Warranty	7- Years



## EXEC 2+

## FLEXI Format



Our **extra height** sit-stand desk solution customisable with multiple **Flexi-Format** options. **EXEC 2+** is suitable for both small and large office environments.



### Features

- **Flexi Format:** Leg shape, Leg Direction, Foot Design and Sidebars
- Yo-Yo WELLNESS® software compatible

### Specifications

Colours	Black, White, Silver or BESPOKE
Motors	2 (3-Stage Telescopic Legs)
Load Capacity	120kg
Height Adjustment	59-124cm (Frame only)
Sustainability Certification	ISO 14025    ISO 14040    ISO 14044 ISO 21930    EN 527-2
Low standby consumption	0.02W
Anti-Collision Safety	Yes
MOQ / Origin / Lead time	20 units / EU / 5-6 weeks
Warranty	7- Years



## EXEC 3+

## FLEXI Format



Our **extra height corner** sit-stand desk solution customisable with multiple **Flexi-Format** options. **EXEC 3+** is suitable for both small and large office environments.



FLEXI Format



Customisable Options



### Features

- **Flexi Format:** Leg shape, Leg Direction, Foot Design and Sidebars
- Yo-Yo WELLNESS® software compatible

### Specifications

Colours	Black, White, Silver or BESPOKE
Motors	3 (3-Stage Telescopic Legs)
Load Capacity	180kg
Height Adjustment	59-124cm (Frame only)
Sustainability Certification	ISO 14025    ISO 14040    ISO 14044 ISO 21930    EN 527-2
Low standby consumption	0.02W
Anti-Collision Safety	Yes
MOQ / Origin / Lead time	12 units / EU / 5-6 weeks
Warranty	7- Years





## BACK-2-BACK FLEXI Format



Duplex **extra height** sit-stand collaborative desking solution. Customisable with multiple **Flexi-Format** options. **BACK-2-BACK** is compatible with privacy and acoustic panels. The cable management options are adaptable.



FLEXI Format



Customisable Options

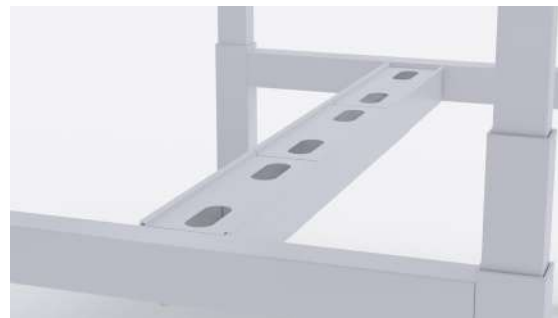


### Features

- **Flexi Format:** Leg shape, Leg Direction, Foot Design and Sidebars
- Yo-Yo WELLNESS® software compatible

### Specifications

<b>Colours</b>	Black, White, Silver or BESPOKE
<b>Motors</b>	2x2 (3-Stage Telescopic Legs)
<b>Load Capacity</b>	120kg
<b>Height Adjustment</b>	59-124cm (Frame only)
<b>Sustainability Certification</b>	ISO 14025    ISO 14040    ISO 14044 ISO 21930    EN 527-2
<b>Low standby consumption</b>	0.02W
<b>Anti-Collision Safety</b>	Yes
<b>MOQ / Origin / Lead time</b>	10 units / EU / 5-6 weeks
<b>Warranty</b>	7- Years





## MEETING

## FLEXI Format

Our **extra height** collaborative sit-stand conference desking solution customisable with multiple **Flexi-Format** options. Expandable Solution up to 8 legs. **MEETING** is built to highest standards of European certifications.



### Features

- **Flexi Format:** Leg shape, Leg Direction, Foot Design and Sidebars
- Yo-Yo WELLNESS® software compatible

### Specifications

Colours	Black, White, Silver or BESPOKE
Motors	2 (3-Stage Telescopic Legs)
Load Capacity	120kg
Height Adjustment	59-124cm (Frame only)
Sustainability Certification	ISO 14025    ISO 14040    ISO 14044 ISO 21930    EN 527-2
Low standby consumption	0.02W
Anti-Collision Safety	Yes
MOQ / Origin / Lead time	12 units / EU / 5-6 weeks
Warranty	7- Years





## DESIGN

Our **extra height** Swedish “Design thinking” sit-stand desk makes a statement in home and large office environments. **DESIGN** has been innovatively remodelled to give an unconventional expression with remarkable stability.

 Customisable Options



### Features

- Yo-Yo WELLNESS® software compatible
- Made from 30% recycled steel

### Specifications

Colours	Black, White, Silver or BESPOKE
Motors	2 (3-Stage Telescopic Legs)
Load Capacity	120kg
Height Adjustment	62-120cm (Frame only)
Sustainability Certification	ISO 14025    ISO 14040    ISO 14044 ISO 21930    EN 527-2
Low standby consumption	0.02W
Anti-Collision Safety	Yes
MOQ / Origin / Lead time	8 units / EU / 5-6 weeks
Warranty	7- Years



## MONO

## FLEXI Format



Our **standard height** sit-stand desking solution customisable with multiple **Flexi-Format** options. Highly stable **MONO** is suitable for both small and large office environments.



FLEXI Format



Customisable Options



### Features

- **Flexi Format:** Leg shape, Leg Direction, Foot Design and Sidebars
- Yo-Yo WELLNESS® software compatible

### Specifications

Colours	Black, White, Silver or BESPOKE
Motors	1 (2-Stage Telescopic Legs)
Load Capacity	60kg
Height Adjustment	67-114cm (Frame only)
Sustainability Certification	ISO 14025    ISO 14040    ISO 14044 ISO 21930    EN 527-2
Low standby consumption	0.02W
Anti-Collision Safety	Yes
MOQ / Origin / Lead time	10 units / EU / 5-6 weeks
Warranty	7- Years



**YO-YO DESK®**

Keep Moving



## Sit-Stand Desks

Yo-Yo DESK® PRO is a brand leading range of executive standing desks ideal for both office and WFH.

Yo-Yo DESK® PRO is an Independent Newspaper award winner for "Best Electric Standing Desk".

# YO-YO DESK® PRO 1



Yo-Yo DESK® PRO 1 is our economy priced Single Motor and Standard Height (2 step) home office standing desk.

## Features

- SilentMotion™ technology. Extendable frame made from recycled steel
- Single motor with an even load capacity of 70kg

## Specifications

Colours	Black, White, Silver
Motors	1
Load Capacity	70kg
Height Adjustment Range	72.5 – 122.5cm (Frame only)
Memory Settings Display	No
Anti-Collision	No
Warranty	5 Years

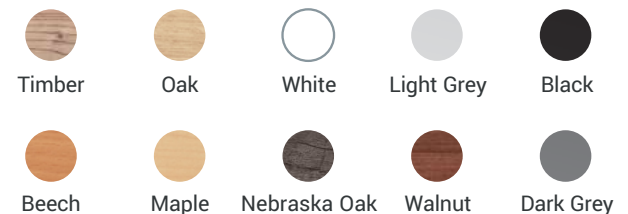
## Desktop Sizes

Width	Depth
100cm	60cm
120cm	70cm
120cm	80cm
140cm	80cm

\*Installation service available



## Desktop Colours



# YO-YO DESK® PRO 2



Yo-Yo DESK® PRO is our high-quality, German designed executive sit-stand desk. Built from reinforced steel to deliver **maximum stability**.

## Features

- SilentMotion™ technology. Extendable frame made from recycled steel
- Dual motors with load capacity of 100kg. PRO2+ offers extra height range

## Specifications

Colours	Black, White, Silver
Motors	2
Load Capacity	100kg
Height Adjustment Range	70 – 120cm (Frame only)
Memory Settings Display	Yes
Anti-Collision	Yes
Warranty	7 Years

## Desktop Sizes

Width	Depth
120cm	80cm
140cm	80cm
160cm	80cm
180cm	80cm

\*Installation service available



## Desktop Colours



# YO-YO DESK® PRO 3



Yo-Yo DESK® PRO 3 is our high-quality triple motor economy priced Standard Height (2 step) Corner / 3 Leg standing desk.

## Features

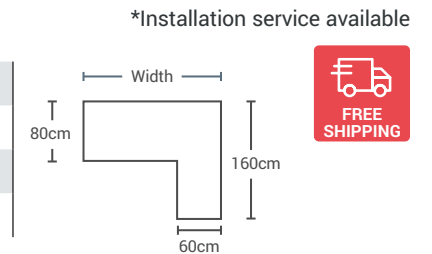
- SilentMotion™ technology. Extendable frame made from recycled steel
- Triple motors with load capacity of 150kg. PRO3+ offers extra height range

## Specifications

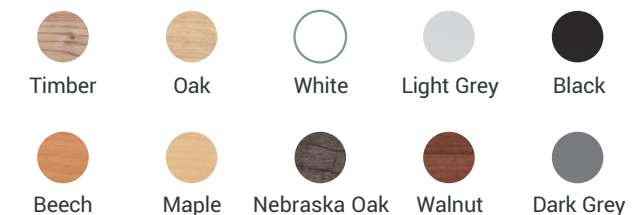
Colours	Black, White, Silver
Motors	3
Load Capacity	150kg
Height Adjustment Range	70 – 120cm (Frame only)
Memory Settings Display	Yes
Anti-Collision	Yes
Warranty	7 Years

## Desktop Sizes

Width	Depth
140cm	80cm
160cm	80cm
180cm	80cm



## Desktop Colours





# YO-YO DESK® DUO



Yo-Yo DESK DUO® is our high-quality Standard Height (2 Step) economy priced Dual / Back-to-Back standing desk.

## Features

- SilentMotion™ technology. Extendable frame made from recycled steel
- Excellent cable management and ducting options

## Specifications

Colours	Black, White, Silver
Motors	2x2
Load Capacity	100kg / Desk
Height Adjustment Range	70 – 120cm (Frame only)
Memory Settings Display	Yes
Anti-Collision	Yes
Warranty	7 Years

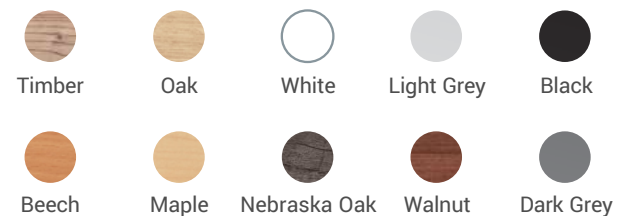
\*Installation service available

## Desktop Sizes

Width	Depth
120cm	80cm
140cm	80cm
160cm	80cm
180cm	80cm



## Desktop Colours



# Your Desk. Your Top

We understand every office is individual - so we've expanded our range in order to tailor desktop colour requirements to individual preferences and needs.











Speak to us about your colour, shape, size and edging desktop requirements and we will deliver (within up to 48 hours).

We offer expert installation within 7-12 working days. Standard Yo-Yo DESK® PRO solutions are available within 2 days and Made-to-Order requirements are available in 3-4 weeks.

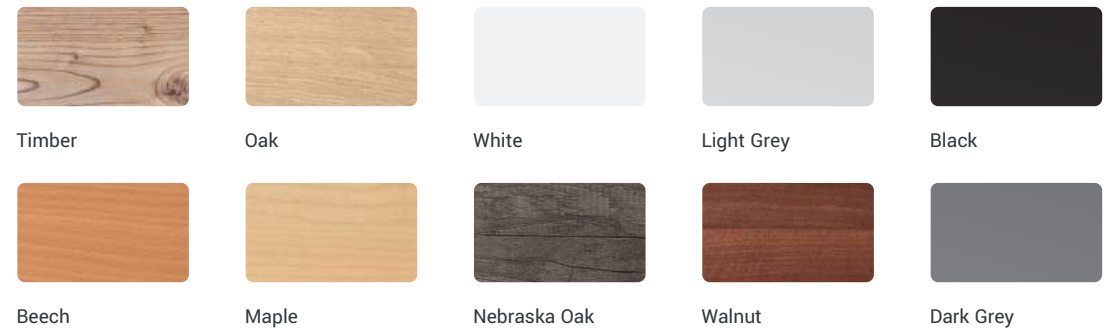
## Top Quality

- Heavy duty laminate tops (25mm thick) are hard wearing, heat and scratch resistant
- MFC core is heat resistant to 180° centigrade
- Fitted with metal-to-metal fixings to ensure that the desks have the strongest possible construction

## DESKTOP DIMENSIONS

	<b>100 x 60cm</b> <i>No Portholes</i>
	<b>120 x 70cm</b> <i>No Portholes</i>
	<b>120 x 80cm</b> <i>With Portholes</i>
	<b>140 x 70cm</b> <i>With Portholes</i>
	<b>140 x 80cm</b> <i>With Portholes</i>
	<b>160 x 80cm</b> <i>With Portholes</i>
	<b>180 x 80cm</b> <i>With Portholes</i>
	<b>140 x 160 x 80 x 60cm</b> <i>With Portholes</i>
	<b>160 x 160 x 80 x 60cm</b> <i>With Portholes</i>
	<b>180 x 160 x 80 x 60cm</b> <i>With Portholes</i>

## DESKTOP COLOURS



## GROMMETS

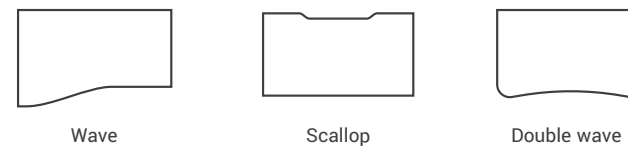


## PLYWOOD EDGING



Available with Black, Dark Grey and White (Additional surcharge)

## CUSTOM SHAPES AND SIZES\*\*[1]



[1] Delivery of Non-Standard shapes, colours and sizes takes 4-6 weeks and is subject to a surcharge.

**YO-YO DESK®**

Keep Moving

## Desk Converters

Yo-Yo DESK® offer a brand leading range of desk rising converters. Ideal to transform an existing desk into a Sit-Stand desk.

Yo-Yo DESK® 90 is an Independent Newspaper award winner for "Best Desk Riser Solution".

# YO-YODESK® CLASSIC



Yo-Yo DESK® CLASSIC is the UK's best-selling standing desk converter. It is especially suitable for users who need more desktop space and weight load (ie monitors) to be placed on the desktop. Better performance and pricing than it's leading competitors: Varidesk and Ergotron.

- Converts any desk into a standing desk
- Adjustable to **15 different heights** with easy press levers
- Easy installation (5 minutes)
- Available in **Black and White**



## Features

- Smooth height adjustment: 15 adjustable heights
- Switch from sitting to standing in a second using easy-press levers on each side
- Height extension: 15 - 50cm (Desktop), 0 - 35cm (Keyboard)
- Aircraft grade gas-strut
- 3 sizes: 70cm, 90cm and 120cm. All Black or White
- Load capacity: MINI - 15kg, 90 - 15kg, 120 - 20kg
- Easy install (5 minutes)
- **3-year warranty**



YO-YODESK® 70



YO-YODESK® 90



YO-YODESK® 120

# YO-YO DESK® SLIM



Yo-Yo DESK® SLIM has 30 adjustable heights and glides more lightly due to its lower weight. Suitable for users who need less desktop space.

- Converts any desk into a standing desk
- Adjustable to **30 different heights** with patented **Quick-Release® Lock**
- Easy installation (5 minutes)
- Available in **Black and White**



## Features

- **Smooth height adjustment:** 30 adjustable heights
- Switch from sitting to standing in just 1 second using **easy-press lever** on right hand side
- **Height extension:** 10 - 50cm (Desktop), 0 - 38cm (Keyboard)
- **Aircraft grade gas-strut**
- **3 sizes:** 80cm, 95cm and CUBE corner desk. All Black and White
- **SLIM table-top** (40cm deep) with lighter frame
- **15kg load capacity**
- **Easy install** (5 minutes)
- **3-year warranty**



YO-YO DESK® 80 S



YO-YO DESK® 95 S



YO-YO DESK® CUBE S

# YO-YODESK® GO



Yo-Yo DESK® GO effortlessly transforms any desk into a personalised sit-stand desk. The height adjustable keyboard tray glides up/down to any height. Flexible monitor movement capability enables swivel, rotation and tilt thereby making it the optimal ergonomic sit-stand solution.

- Height adjustment on a vertical pole promotes optimal ergonomic positioning
- Enables user to develop faultless sit-stand working posture
- Effortlessly lifts to the correct height
- Available in **Black and White**



## Features

- **Height adjustment** on a vertical pole promotes optimal ergonomic positioning
- Enables user to develop **faultless sit-stand working posture**
- **Effortlessly lifts** to the correct height
- Wide range of movement capability which allows for **swivel, rotation and tilt** to match different viewing angle needs
- **Storage organiser** and embedded rack will hold most tablets and phones
- **Cable management** at rear of pole will keep cables organised for a clean clutter-free look
- Detachable VESA plate for **easy installation**. 15 – 30 minutes **simple assembly**
- **3-year warranty**



FREE SHIPPING



YO-YODESK® GO 1



YO-YODESK® GO 2

**YO-YO POD®**  
Keep Moving



## Acoustic Pods & Booths

**Yo-Yo POD® is a mobile acoustic booth – simple to move and reconfigure to add space, flexibility and purpose.**




By being modular, it enables numerous layout configurations to be created thereby maximizing flexibility within an agile office. Designed by experts around key movement and sustainability principals.

Available in 2 seater & 4 seater formats:

# All Aboard the Yo-Yo POD®

## MOBILE & Modular Booths

Yo-Yo POD® comes in a “super mobile” range making it so simple to move and reconfigure. With excellent acoustic properties, it is the perfect acoustic booth to compliment any agile or collaborative workspace:

-  **Mobile**  
Moves easily & safely, with lockable wheels
-  **Modular**  
Re-configure any space, again and again
-  **Multifunctional**  
Meetings, focus work, zoom calls or a room divider



2-Seater OPEN  
L 2000 D 700 H 1920 SH 450



2-Seater FULLBACK  
L 2000 D 750 H 1920 SH 450



2-Seater HALFBACK  
L 2000 D 750 H 1920 SH 450



4-Seater OPEN  
L 2000 D 1200 H 1920 SH 450







2-Seater FULLBACK  
L 2000 D 1250 H 1920 SH 450

### Battery Power

Yo-Yo POD® is available with a variety of portable battery power solutions which can power multiple devices simultaneously for up to 10 hours\*: roof light/PIR, smartphones, laptops, monitor screens and other electronics.

## CLOSED & Fixed Pods

For additional privacy, our closed pods come with glass doors and ventilation. Built in the UK to the highest industry specifications.

 Delivery 7-8 Weeks	 100% Recycled Fabric	 Sustainability Certificate	 Made in Britain
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2-Seater  
L 2000 D 800 H 2100 SH 450



4-Seater  
L 2000 D 800 H 2100 SH 450

**BACH  
MANN**



## Sustainable Fabrics

Whilst we can use any fabric when building your Yo-Yo POD®, we prefer to focus on those which have a genuine sustainability story.

fabrics made from post-consumer plastic and natural fibres.



### Camira Eco Fabrics

X2




Oceanic



Quest



 ISO 9001

 ISO 14001





## 2-Seater / FULLBACK

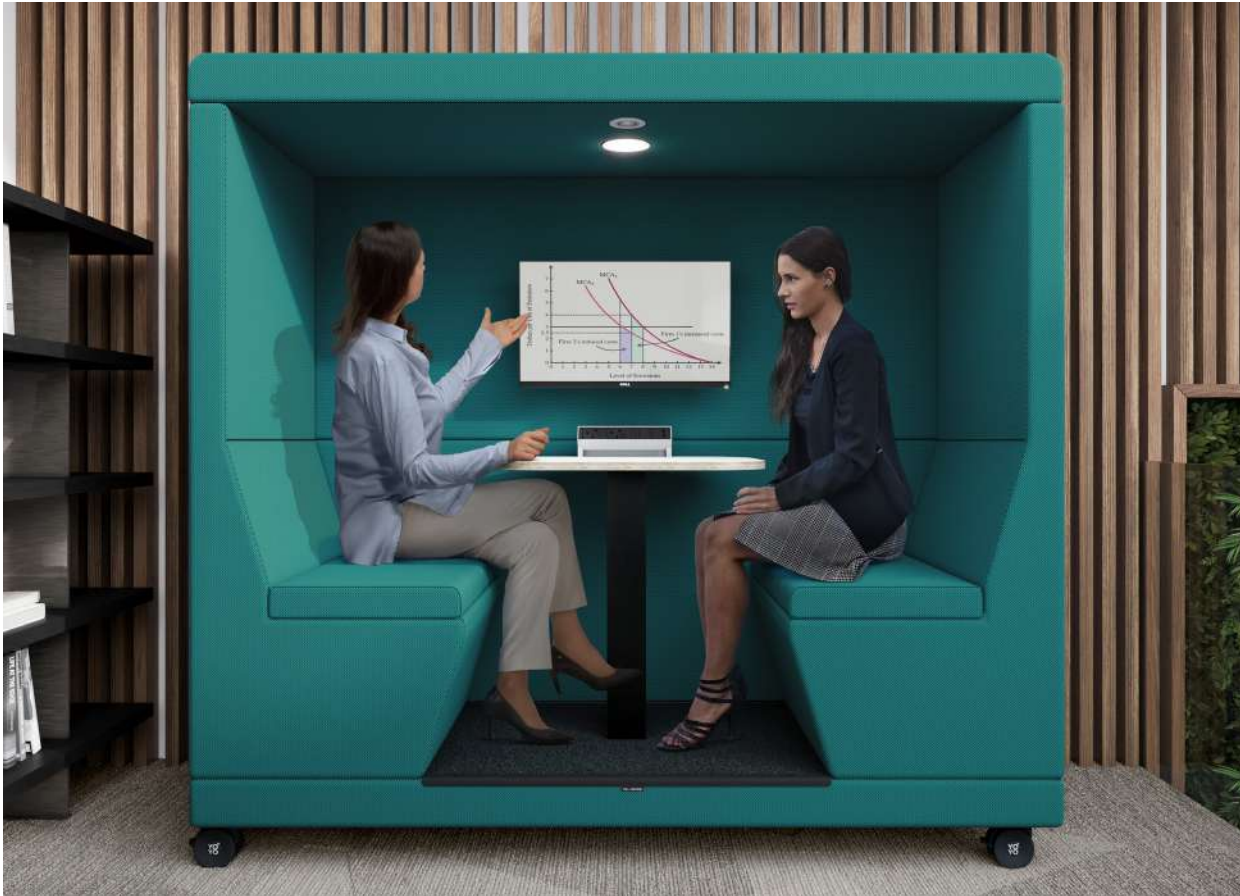
Yo-Yo POD® 2-Seater / FULLBACK our unique **mobile, modular & multifunctional** acoustic booth. Move it around for **meetings, focus work, zoom calls** or as a **sound partition** to create a versatile, inclusive & agile workspace.

### Features

- Award-winning **Mobile, modular & multifunctional** acoustic booth
- **Battery power** option, designed to move around an agile workspace
- Fabric made from **100% recycled materials**
- Excellent sustainability credentials & **manufactured in UK**

### Specifications

<b>Dimensions</b>	W 200 x D 75 x H 192cm
<b>Lighting</b>	Motion sensor controlled LED light
<b>Product Weight</b>	150kg
<b>User Weight Capacity</b>	300kg
<b>Warranty</b>	5 Years



## 2-Seater / HALFBACK

Yo-Yo POD® 2-Seater / HALFBACK our unique **mobile, modular & multifunctional** acoustic booth. Move it around for **meetings, focus work, zoom calls** or as a **sound partition** to create a versatile, inclusive & agile workspace.

### Features

- Award-winning **Mobile , modular & multifunctional** acoustic booth
- **Battery power** option , designed to move around an agile workspace
- Fabric made from **100% recycled materials**
- Excellent sustainability credentials & **manufactured in UK**

### Specifications

<b>Dimensions</b>	W 200 x D 75 x H 192cm
<b>Lighting</b>	Motion sensor controlled LED light
<b>Product Weight</b>	135kg
<b>User Weight Capacity</b>	300kg
<b>Warranty</b>	5 Years



- ✓ ISO 9001 Quality Management Systems
- ✓ ISO 14001 Environmental Management Systems



## 2-Seater / OPEN

Yo-Yo POD® 2-Seater / OPEN our unique **mobile, modular & multifunctional** acoustic booth. Move it around for **meetings, focus work, zoom calls** or as a **sound partition** to create a versatile, inclusive & agile workspace.

### Features

- Award-winning **Mobile , modular & multifunctional** acoustic booth
- **Battery power** option , designed to move around an agile workspace
- Fabric made from **100% recycled materials**
- Excellent sustainability credentials & **manufactured in UK**

### Specifications

<b>Dimensions</b>	W 200 x D 70 x H 192cm
<b>Lighting</b>	Motion sensor controlled LED light
<b>Product Weight</b>	120kg
<b>User Weight Capacity</b>	300kg
<b>Warranty</b>	5 Years



### 4-Seater / FULLBACK

Yo-Yo POD® 4-Seater / FULLBACK our unique **mobile, modular & multifunctional** acoustic booth. Move it around for **meetings, focus work, zoom calls** or as a **sound partition** to create a versatile, inclusive & agile workspace.

#### Features

- Award-winning **Mobile , modular & multifunctional** acoustic booth
- **Battery power** option , designed to move around an agile workspace
- Fabric made from **100% recycled materials**
- Excellent sustainability credentials & **manufactured in UK**

#### Specifications

<b>Dimensions</b>	W 200 x D 125 x H 192cm
<b>Lighting</b>	Dual motion sensor controlled LED lights
<b>Product Weight</b>	200kg
<b>User Weight Capacity</b>	600kg
<b>Warranty</b>	5 Years



### 4-Seater / OPEN

Yo-Yo POD® 4-Seater / OPEN our unique **mobile, modular & multifunctional** acoustic booth. Move it around for **meetings, focus work, zoom calls** or as a **sound partition** to create a versatile, inclusive & agile workspace.

#### Features

- Award-winning **Mobile , modular & multifunctional** acoustic booth
- **Battery power** option , designed to move around an agile workspace
- Fabric made from **100% recycled materials**
- Excellent sustainability credentials & **manufactured in UK**

#### Specifications

<b>Dimensions</b>	W 200 x D 120 x H 192cm
<b>Lighting</b>	Dual motion sensor controlled LED lights
<b>Product Weight</b>	180kg
<b>User Weight Capacity</b>	600kg
<b>Warranty</b>	5 Years



## 2-Seater

Yo-Yo POD **Closed** meeting collection offers comfort and privacy in beautifully upholstered large flat panels and rounded corners. The design helps to absorb unwanted sounds while the booth is in use.



### Features

- Glass door wall
- Lights with PIR
- Matching fabric roof cover
- Available in full fabric options
- 5-Year Warranty

### Options

- Ventilation
- Premium finish table top
- Power options
- TV bracket

- ✓ ISO 9001 Quality Management Systems
- ✓ ISO 14001 Environmental Management Systems



### 4-Seater

Yo-Yo POD **Closed** meeting collection offers comfort and privacy in beautifully upholstered large flat panels and rounded corners. The design helps to absorb unwanted sounds while the booth is in use.

#### Features

- Glass door wall
- Lights with PIR
- Matching fabric roof cover
- Available in full fabric options
- 5-Year Warranty

#### Options

- Ventilation
- Premium finish table top
- Power options
- TV bracket



- ✓ ISO 9001 Quality Management Systems
- ✓ ISO 14001 Environmental Management Systems





## Yo-Yo WALL

Mobile acoustic wall panel, made using highly effective sound dampening materials. Available in **multiple formats** with a variety of options and features. **Modular functionality** making it easy to **swap out and store** features within the unit.

### Features

- Multiple fitting options on either side
- **Integrated storage** for a variety of board items
- Recessed Pull-handle
- Lock anti-rotate castors
- Available in **full fabric options**

### Options

- **Battery powered**, with quick and easy docking. 5 – 9hr battery life. USB-A and USB-C fast charging up to 6 devices
- Optional emergency mains lead charge
- With or without **Monitor** (up to 43"). HDMI , WiFi, LAN RJ45
- Removable laptop shelf
- Removable pen shelf
- **Pinboard / whiteboard / magnetic whiteboard**







Swappable whiteboard / magnetic whiteboard

Removable pen shelf

43" Monitor - with Android

HDMI input

Fast charge  
USB-A and USB-C

Recessed  
pull handle

Storage box

Full lock  
anti rotate castor

Removable laptop/writing shelf

Swappable quick docking batteries

Acoustics panels



Configure to suit your needs

# Sustainable Fabrics



Whilst we can use any fabric when building your Yo-Yo POD®, we prefer to focus on those which have a genuine sustainability story.

We source most of our fabrics from **Camira**, a British company that produces fabrics globally. We hold stock of **X2**, **Quest** and **Oceanic** sustainable fabrics made from post-consumer plastic and natural fibres.



## Key Benefits

### ✓ Environmental Sustainability

By using post-consumer plastic waste, **Camira** is reducing the amount of plastic waste that ends up in landfills and oceans. This helps to conserve natural resources and reduce greenhouse gas emissions.

### ✓ Durability

Can withstand wear and tear and are less likely to need replacing. This reduces the amount of waste generated from discarded fabrics.

### ✓ Aesthetics

Available in a variety of colours and textures, allowing for customization and versatility in design.

### ✓ Performance

Stain resistance, flame retardancy, and easy cleaning.

### ✓ Health and Safety

Produced using non-toxic materials and processes, making them safer for people and the environment.

# camira

X2



QUEST



OCEANIC



# Your Yo-Yo POD. Your Fabric

Band 1	Band 2	Band 3	Band 3	Band 4	Band 6
<a href="#">Camira Advantage</a> <a href="#">Camira Canopy</a> <a href="#">Camira Cara</a> <a href="#">Camira Carlow</a> <a href="#">Camira Chateau</a> <a href="#">Camira Era</a> <a href="#">Camira Gravity</a> <a href="#">Camira Lucia</a> <a href="#">Camira Manhattan</a> <a href="#">Camira Phoenix</a> <a href="#">Camira Rivet</a> <a href="#">Camira Sonus</a> <a href="#">Camira Target</a> <a href="#">Agua Buro</a> <a href="#">Agua Chea</a> <a href="#">Agua Lavoro</a> <a href="#">Inloom Alba</a> <a href="#">InLoom Bondai</a> <a href="#">Inloom One</a> <a href="#">Inloom Radio</a> <a href="#">Abbotsford Classic Plain</a> <a href="#">Abbotsford Classic</a> <a href="#">Herringbone</a> <a href="#">Chieftain Just Colour</a> <a href="#">Chieftain Carino</a>	<a href="#">Camira Aspect</a> <a href="#">Camira Mainline Flax</a> <a href="#">Camira Mainline Twist</a> <a href="#">Camira Mainline Plus</a> <a href="#">Camira Manila</a> <a href="#">Camira Patina</a> <a href="#">Camira Quest</a> <a href="#">Camira Sonus Etch</a> <a href="#">Camira Urban</a> <a href="#">Camira Vita</a> <a href="#">Camira X2</a> <a href="#">Camira Xtreme</a> <a href="#">Agua Juno</a> <a href="#">Agua Libra</a> <a href="#">Agua Linetta</a> <a href="#">Agua Task</a> <a href="#">Agua Aries</a> <a href="#">Agua Lunar</a> <a href="#">Agua Paint Pot</a> <a href="#">Agua Stol</a> <a href="#">Inloom Jeans</a> <a href="#">Inloom Jet</a> <a href="#">Inloom King Flex</a> <a href="#">Inloom Riva</a> <a href="#">Inloom Roccia</a> <a href="#">Inloom Time</a> <a href="#">Abbotsford Columbus Plain</a> <a href="#">Abbotsford Columbus</a> <a href="#">Melange</a> <a href="#">Chieftain Pasha</a>	<a href="#">Camira 24/7 Flax</a> <a href="#">Camira 24/7+</a> <a href="#">Camira Blazer</a> <a href="#">Camira Blazer Lite</a> <a href="#">Camira Halcyon Aspen</a> <a href="#">Camira Halcyon Blossom</a> <a href="#">Camira Halcyon Cedar</a> <a href="#">Camira Hemp</a> <a href="#">Camira Intervene Plain</a> <a href="#">Camira Intervene Texture</a> <a href="#">Camira Kyoto</a> <a href="#">Camira Landscape Balance</a> <a href="#">Camira Landscape Contact</a> <a href="#">Camira Nexus</a> <a href="#">Camira Oceanic*</a> <a href="#">Camira Sumi</a> <a href="#">Camira Synergy</a> <a href="#">Agua Aura</a> <a href="#">Agua Boucle</a> <a href="#">Agua Carmina</a> <a href="#">Agua Cartella</a> <a href="#">Agua Cashmir</a> <a href="#">Agua Eden</a> <a href="#">Agua Kontor</a> <a href="#">Agua Nova</a> <a href="#">Agua Oregon Hyde</a> <a href="#">Agua Primeira</a> <a href="#">Agua Tones</a> <a href="#">Agua VerdEco*</a> <a href="#">Agua Fleck</a>	<a href="#">Agua Parody</a> <a href="#">Inloom Milano</a> <a href="#">Inloom Nautilus*</a> <a href="#">Inloom Sealife*</a> <a href="#">Abbotsford Classic Melton</a> <a href="#">Abbotsford Feast</a> <a href="#">Abbotsford Country Classic</a> <a href="#">Chieftain Earthly</a> <a href="#">Chieftain Lionella</a>  *Eco Fabrics	<a href="#">Kvadrat Remix 3</a> <a href="#">Kvadrat Field 2</a> <a href="#">Kvadrat Reflect</a> <a href="#">Chieftain Protect 7</a>	<a href="#">Crest Contempo*</a>  *Leather not available on all products
			Band 4	Band 5	Band 7
			<a href="#">Camira Acrobat</a> <a href="#">Camira Aquarius</a> <a href="#">Camira Regent</a> <a href="#">Camira Silk</a> <a href="#">Camira Track</a> <a href="#">Camira Yoredale</a> <a href="#">Agua Cord</a> <a href="#">Agua Finezza</a> <a href="#">Agua Pearl</a> <a href="#">Agua Mystique</a> <a href="#">Agua The 7 Collection</a> <a href="#">Inloom Corte</a> <a href="#">Inloom Spazio</a> <a href="#">Abbotsford Cable / Luxury</a> <a href="#">Knitted Weave</a> <a href="#">Abbotsford Sateen</a>	<a href="#">Camira Craggan Flax</a> <a href="#">Camira Deca</a> <a href="#">Camira Zap</a> <a href="#">Inloom Nabucco</a> <a href="#">Abbotsford Exhilerate</a> <a href="#">+ London</a> <a href="#">Abbotsford Texture / Luxury Weave</a> <a href="#">Abbotsford Exquisite</a> <a href="#">Heathers</a> <a href="#">Kvadrat Clara 2</a> <a href="#">Kvadrat Canvas 2</a> <a href="#">Kvadrat Atlas</a> <a href="#">Kvadrat Melange Nap</a>	<a href="#">Camira Quilt</a> <a href="#">Kvadrat Steelcut 3</a> <a href="#">Kvadrat Steelcut Trio 3</a> <a href="#">Ultra Fabrics UltraLeather</a> <a href="#">Crest Old English*</a> <a href="#">Crest Shelly*</a> <a href="#">Crest Selvaggio*</a>  *Leather not available on all products

\*We can manufacture to most fabric band choices. Delivery timelines may vary according to stock availability.  
 Call us to discuss your specific requirements.

**YO-YO OFFICE<sup>®</sup>**  
Keep Moving



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