

D. BUILDING HEALTHY RELATIONSHIPS _____ HEALTHY BOUNDARIES

John 17:21 “That they all may be one; as thou, Father, art in me, and I in thee, that they also may be one in us: that the world may believe that thou hast sent me.”

1. Healthy boundaries realize that life is full of _____.

Joshua 24:15 “And if it seem evil unto you to serve the LORD, choose you this day whom ye will serve; whether the gods which your fathers served that were on the other side of the flood, or the gods of the Amorites, in whose land ye dwell: but as for me and my house, we will serve the LORD.”

2. Healthy boundaries realize that I am _____ for my own choices.

Luke 15:21 “And the son said unto him, Father, I have sinned against heaven, and in thy sight, and am no more worthy to be called thy son.”

3. Healthy boundaries are _____ in a process of growth and understanding.

Philippians 4:12 “I know both how to be abased, and I know how to abound: every where and in all things I am instructed both to be full and to be hungry, both to abound and to suffer need.”

4. Healthy boundaries _____ healthy relationships.

Philippians 4:13 “I can do all things through Christ which strengtheneth me.”



OUR LIVES UNDER CONSTRUCTION “Putting Up Walls—Establishing Healthy Boundaries” Psalm 74:17

Psalm 74:17 “Thou hast set all the borders of the earth: thou hast made summer and winter.”

A. GOD IS THE **AUTHOR** OF BOUNDARIES IN RELATIONSHIPS

Genesis 2:16-17 “¹⁶And the LORD God commanded the man, saying, Of every tree of the garden thou mayest freely eat: ¹⁷But of the tree of the knowledge of good and evil, thou shalt not eat of it: for in the day that thou eatest thereof thou shalt surely die.”

1. The _____ were given as boundaries to protect relationships.

Exodus 20:1 “And God spake all these words”

2. The _____ of God were given as a means of increasing our relationships with Him and others.

1 Chronicles 22:13 “Then shalt thou prosper, if thou takest heed to fulfil the statutes and judgments which the LORD charged Moses with concerning Israel: be strong, and of good courage; dread not, nor be dismayed.”

2 Chronicles 7:14 “If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.”

3. The biblical _____ were given to establish healthy relationships within the church and families.

1 Timothy 5:3-6 “³Honour widows that are widows indeed. ⁴But if any widow have children or nephews, let them learn first to shew piety at home, and to requite their parents: for that is good and acceptable before God. ⁵Now she that is a widow indeed, and desolate, trusteth in God, and continueth in supplications and prayers night and day. ⁶But she that liveth in pleasure is dead while she liveth.”

4. The need for _____ was given to help maintain boundaries. Violation of boundaries will always cause a loss in relationship!

Titus 3:10-11 ¹⁰ "A man that is an heretick after the first and second admonition reject;" ¹¹ "Knowing that he that is such is subverted, and sinneth, being condemned of himself."

B. GOD _____ BOUNDARIES TO...

Psalm 8:3 "When I consider thy heavens, the work of thy fingers, the moon and the stars, which thou hast ordained;"

1. Boundaries were given to _____ relationships.

Ephesians 5:3-7 ³ "But fornication, and all uncleanness, or covetousness, let it not be once named among you, as becometh saints;" ⁴ "Neither filthiness, nor foolish talking, nor jesting, which are not convenient: but rather giving of thanks." ⁵ "For this ye know, that no whoremonger, nor unclean person, nor covetous man, who is an idolater, hath any inheritance in the kingdom of Christ and of God." ⁶ "Let no man deceive you with vain words: for because of these things cometh the wrath of God upon the children of disobedience." ⁷ "Be not ye therefore partakers with them."

2. Boundaries were given to bring _____ to our relationships.

1 John 5:18 "We know that whosoever is born of God sinneth not; but he that is begotten of God keepeth himself, and that wicked one toucheth him not."

3. Boundaries were given to bring _____ to our relationships.

John 8:32 "And ye shall know the truth, and the truth shall make you free."

4. Boundaries were given to bring _____ and greater effectiveness to all relationships.

Job 25:2 "Dominion and fear are with him, he maketh peace in his high places."

John 10:10 "The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly."

C. UNHEALTHY BOUNDARIES WILL _____ OUR RELATIONSHIPS

2 Corinthians 12:20-21 ²⁰ "For I fear, lest, when I come, I shall not find you such as I would, and that I shall be found unto you such as ye would not: lest there be debates, envyings, wraths, strifes, backbitings, whisperings, swellings, tumults:" ²¹ "And lest, when I come again, my God will humble me among you, and that I shall bewail many which have sinned already, and have not repented of the uncleanness and fornication and lasciviousness which they have committed."

1. Unhealthy boundaries fail to _____ personal responsibility.

Genesis 3:11b-12 ¹¹ "And he said, Who told thee that thou wast naked? Hast thou eaten of the tree, whereof I commanded thee that thou shouldest not eat?" ¹² "And the man said, The woman whom thou gavest to be with me, she gave me of the tree, and I did eat."

2. Unhealthy boundaries fail to _____ the real need in our lives.

Acts 6:1-4 ¹ "And in those days, when the number of the disciples was multiplied, there arose a murmuring of the Grecians against the Hebrews, because their widows were neglected in the daily ministration." ² "Then the twelve called the multitude of the disciples unto them, and said, It is not reason that we should leave the word of God, and serve tables." ³ "Wherefore, brethren, look ye out among you seven men of honest report, full of the Holy Ghost and wisdom, whom we may appoint over this business." ⁴ "But we will give ourselves continually to prayer, and to the ministry of the word."

3. Unhealthy boundaries fail to _____ our energies in the areas where God intended.

Philippians 4:2-3 ² "I beseech Euodias, and beseech Syntyche, that they be of the same mind in the Lord." ³ "And I intreat thee also, true yokefellow, help those women which laboured with me in the gospel, with Clement also, and with other my fellowlabourers, whose names are in the book of life."

4. Unhealthy boundaries fail to _____ who we are in Christ.

2 Peter 1:8-11 ⁸ "For if these things be in you, and abound, they make you that ye shall neither be barren nor unfruitful in the knowledge of our Lord Jesus Christ." ⁹ "But he that lacketh these things is blind, and cannot see afar off, and hath forgotten that he was purged from his old sins." ¹⁰ "Wherefore the rather, brethren, give diligence to make your calling and election sure: for if ye do these things, ye shall never fall." ¹¹ "For so an entrance shall be ministered unto you abundantly into the everlasting kingdom of our Lord and Saviour Jesus Christ."