

2024 USA Spirit Nationals and Collegiate Championships (Cheer)

Practice Schedule for Saturday Hall C Stage

Saturday, February 17th (Rev. 2/13/24)

Practice Area in Hall C (West Side Behind Stage Area) -- Convention Center

Practice time is scheduled according to your performance time. Approximately 30-40 minutes prior to performing, each team will have 8 minutes on the practice floor. USA staff will monitor the practice area to ensure that the schedule is being followed.

Please be ready to take your pictures at your check-in time below, which is approximately 40-50 minutes prior to your performance time. Should crossover times between performances prevent you from having pictures done prior to your practice time, you may return later for your team photo.

Note that the check-in location for all teams for practice time is to the right of the stage in Hall C.

Only participants and coaches with a designated wristband are permitted in the practice area. There is no practicing permitted in the any lobby area. Stunting/tumbling on non-matted surfaces is not permitted. Give yourself ample time to arrive at the appropriate practice location.

Keep all personal belongings with you and/or monitored at all times.

The times below are subject to change.

Check-In/Photo Time	Practice Time	Performance Time	College Fight Song	Check-In/Photo Time	Practice Time	Performance Time	High School Band Chant -- Small (5-15)	Check-In/Photo Time	Practice Time	Performance Time	High School Situational Sideline/Cheer -- Medium/Large (16-23)
		(Awards -- Hall C -- 6:45 PM)				(Awards -- Hall C -- 5:45 PM)				(Awards -- Hall C -- 6:15 PM)	
12:20 PM	12:40 PM	1:00 PM	Jessup University	12:20 PM	12:40 PM	1:02 PM	Gig Harbor High School	12:20 PM	12:40 PM	1:00 PM	Rosary High School
12:20	12:40	1:07	California State University Dominguez Hills	12:20	12:40	1:09	Juneau Douglas High School	12:20	12:40	1:04 PM	Northridge High School
12:30	12:50	1:14	California State University San Marcos	12:30	12:50	1:16	Lake Washington High School	12:30	12:50	1:11	Kentwood High School
12:30	12:50	1:21	Westcliff University	12:30	12:50	1:23	Iolani High School	12:30	12:50	1:18	Leigh High School
12:45	1:05	1:28	Western Oregon University	12:45	1:05	1:30	Kings High School	12:45	1:05	1:25	La Serna High School
12:55	1:15	1:35	Washington University Western	12:55	1:15	1:37	Kent Meridian High School	12:55	1:15	1:32	McMinnville High School
1:05	1:25	1:42	Washington University	1:05	1:25	1:44	Rogers High School	1:05	1:25	1:39	Westwood High School
1:05	1:25	1:49	University of New Mexico	1:05	1:25	1:51	Judge Memorial Catholic High School	1:05	1:25	1:46	Thunderbird High School
1:15	1:35	1:56	College of Southern Nevada	1:15	1:35	1:58	Crean Lutheran High School	1:15	1:35	1:53	Spanish Fork High School
1:15 PM	1:35 PM	2:03 PM	College of the Sequoias	1:15 PM	1:35 PM	2:05 PM	Woodland Park High School	1:15 PM	1:35 PM	2:00	Newberg High School
1:30	1:50	2:10	University of Idaho	1:30	1:50	2:12	Ballard High School	1:15 PM	1:35 PM	2:07 PM	Timpview High School
		College Fight Song -- Cont.				High School Band Chant -- Small (5-15) -- Cont.				2:14	Woods Cross High School
										(Awards -- Hall C -- 6:45 PM)	College Situational Sideline/Cheer -- Cont.
1:30	1:50	2:17	Cal Poly Pomona	1:30	1:50	2:19	Sierra Canyon High School	1:30	1:50	2:21	Jessup University
1:45	2:05	2:24	California Baptist University	1:45	2:05	2:26	West Ranch High School	1:45	2:05	2:28	California State University Dominguez Hills
		College Fight Song -- Cont.				High School Band Chant -- Medium/Large (16-23)					College Situational Sideline/Cheer -- Cont.
						(Awards -- Hall C -- 6:15 PM)					
1:55	2:15	2:31	Centenary College	1:55	2:15	2:33	Gladstone High School	1:55	2:15	2:35	Central Washington University
		High School Fight Song -- Small (5-15)				High School Band Chant -- Medium/Large (16-23) -- Cont.					College Situational Sideline/Cheer -- Cont.
		(Awards -- Hall C -- 5:45 PM)									
1:55	2:15	2:38	Sacred Hearts Academy	1:55	2:15	2:40	Kentwood High School	1:55	2:15	2:42	Western Washington University

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>High School Fight Song -- Small (5-15) -- Cont.</u>
2:05	2:25	2:45	Gig Harbor High School
2:05	2:25	2:52	Juneau Douglas High School
2:15	2:35	2:59	Lake Washington High School
2:15 PM	2:35 PM	3:06 PM	Kings High School
2:30	2:50	3:13	Kent Meridian High School
2:30	2:50	3:20	Tucson High Magnet School
2:45	3:05	3:27	Rogers High School
2:55	3:15	3:34	Woodland Park High School
2:55	3:15	3:41	Cupertino High School

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>High School Band Chant -- Medium/Large (16-23) -- Cont.</u>
2:05	2:25	2:47	Thunderbird High School
2:05	2:25	2:54	Shadow Hills High School
2:15	2:35	3:01	Kearns High School
2:15 PM	2:35 PM	3:08 PM	Spanish Fork High School
2:30	2:50	3:15	Leigh High School
2:30	2:50	3:22	Rancho Cotate High School
2:45	3:05	3:29	California High School
2:55	3:15	3:36	Clovis East High School
2:55	3:15	3:43	McMinnville High School

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>College Situational Sideline/Cheer -- Cont.</u>
2:05	2:25	2:49	University of New Mexico
2:05	2:25	2:56	Arizona Western College
2:15	2:35	3:03	College of the Sequoias
2:15 PM	2:35 PM	3:10 PM	University of Idaho
2:30	2:50	3:17	Cal Poly Pomona
2:30	2:50	3:24	Centenary College
2:45	3:05	3:31	College of Southern Idaho
2:55	3:15	3:38	Fresno Pacific University
2:55	3:15	3:46	Menlo College

JUDGE BREAK

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>High School Fight Song -- Small (5-15) -- Cont.</u>
3:20 PM	3:40 PM	4:00 PM	Ballard High School
3:20	3:40	4:07	Los Alamitos High School
3:30	3:50	4:14	Sierra Canyon High School
			<u>High School Fight Song -- Small (5-15) -- Cont.</u>

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>High School Band Chant -- Medium/Large (16-23) -- Cont.</u>
3:20 PM	3:40 PM	4:02 PM	Newberg High School
3:20	3:40	4:09	Westwood High School
3:30	3:50	4:16	Woods Cross High School
			<u>College Band Chant</u>
			(Awards -- Hall C -- 6:45 PM)

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>High School Situational Sideline/Cheer -- Small (5-15)</u>
			(Awards -- Hall C -- 5:45 PM)
3:20 PM	3:40 PM	4:04 PM	Sunrise Mountain High School
3:20	3:40	4:11	Gig Harbor High School
3:30	3:50	4:18	Juneau Douglas High School
			<u>High School Situational Sideline/Cheer -- Small (5-15) -- Cont.</u>

3:30	3:50	4:21	West Ranch High School
			<u>High School Fight Song -- Medium/Large (16-23)</u>
			(Awards -- Hall C -- 6:15 PM)
3:45	4:05	4:28	Davis High School
3:55	4:15	4:35	Los Gatos High School
3:55	4:15	4:42	Shadow Hills High School
4:05	4:25	4:50	Kentwood High School
4:15	4:35	4:58	Liberty High School
4:15 PM	4:35 PM	5:05 PM	Chandler High School
4:30	4:50	5:13	Thunderbird High School
4:30	4:50	5:19	Shadow Ridge High School
4:40	5:00	5:25	Rancho Cotate High School
4:50	5:10	5:31	McMinnville High School
5:00	5:20	5:37	Newberg High School
5:00	5:20	5:43	Westwood High School

3:30	3:50	4:23	Jessup University
			<u>College Band Chant -- Cont.</u>
3:45	4:05	4:30	Western Oregon University
3:55	4:15	4:37	Washington University
3:55	4:15	4:45	Washington University
4:05	4:25	4:52	University of New Mexico
4:15	4:35	5:00	Palomar Community College
4:15 PM	4:35 PM	5:08 PM	College of the Sequoias
4:30	4:50	5:16	University of Idaho
4:30	4:50	5:22	Cal Poly Pomona
4:40	5:00	5:28	California Baptist University
4:50	5:10	5:34	Centenary College
5:00	5:20	5:40	Fresno Pacific University

3:30	3:50	4:25	Kings High School
			<u>High School Situational Sideline/Cheer -- Small (5-15) -- Cont.</u>
3:45	4:05	4:32	Kent Meridian High School
3:55	4:15	4:39	Mesquite High School
3:55	4:15	4:47	Rogers High School
4:05	4:25	4:55	Judge Memorial Catholic High School
4:15	4:35	5:02	Sam Barlow High School
4:15 PM	4:35 PM	5:11 PM	Woodland Park High School

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Group Stunt</u>
(Awards -- Hall D East Red -- 11:00 PM)			
		7:28 PM	California Baptist University New Mexico
		7:32	State University #1
		7:40	New Mexico State University #2
		7:47	Jessup University
		7:56	Washington State University
		8:05 PM	College of the Sequoias Bue
		8:14	College of the Sequoias Orange
		8:23	College of Southern Idaho
<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>2-Year College Small Co-Ed Show Cheer</u>
7:40 PM	8:00 PM	8:28 PM	Snow College
7:40	8:00	8:36	Northern Oklahoma A & M College
<u>2-Year College Small Co-Ed Show Cheer -- Intermediate</u>			
8:00	8:20	8:44	Pierce College of Los Angeles
8:00	8:20	8:52	Mount San Antonio College
<u>4-Year College All Girl Show Cheer -- Intermediate</u>			
8:15 PM	8:35 PM	9:00 PM	California State University San Marcos Loyola
8:25	8:45	9:08	Marymount University
8:25	8:45	9:16	Southern Oregon University
<u>4-Year College All Girl Show Cheer -- Intermediate -- Cont.</u>			
8:35	8:55	9:24	California Baptist University

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Partner Stunt</u>
		7:30 PM	Jessup University -- Taylor & Isa
		7:34	Jessup University -- Makenna & Kyleigh
		7:38	New Mexico State University -- Danae & Ricardo
		7:42	New Mexico State University -- Randi & Tomas
		7:45	Long Beach City College -- Gennesis & Elijah
		7:50	Weber State University -- Hailey & Joshua
		7:54	Weber State University -- Johanna & Leo
		7:59	Westcliff University - Laura & Oscar
		8:03	Westcliff University - Rheana & Christian
		8:08 PM	Universidad Nacional de Costa Rica -- Priscilla & Esteban
		8:12	Michigan State University -- Kelsey & James
		8:17	University of New Mexico -- Catalina & Emiliano
		8:21	University of New Mexico -- Jaxey & Tommy
		8:26	University of New Mexico -- Karyssa & Mike
<u>Partner Stunt -- Cont.</u>			
		8:32	University of New Mexico -- Kayla & Anthony
		8:40	University of New Mexico -- Seriah & Max
<u>Partner Stunt -- Cont.</u>			
		8:48	University of Washington -- Ally & Will
		8:56	University of Washington -- Emily & Jonny
<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>4-Year College Small Co-Ed Show Cheer -- Intermediate</u>
8:15 PM	8:35 PM	9:04 PM	California State University San Bernardino
8:25	8:45	9:12	New Mexico State University
8:35	8:55	9:20	University of California Merced
<u>4-Year College Small Co-Ed Show Cheer -- Intermediate -- Cont.</u>			
8:35	8:55	9:28	California State University Northridge

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>2-Year College All Girl Show Cheer</u>
8:45	9:05	9:32	College of the Sequoias
			<u>2-Year College All Girl Show Cheer -- Cont.</u>
8:55	9:15	9:40	College of Southern Idaho
			<u>2-Year College All Girl Show Cheer -- Intermediate</u>
8:55	9:15	9:48	Fresno City College
			<u>2-Year College Large Co-Ed Show Cheer</u>
9:05 PM	9:25 PM	9:56 PM	Salt Lake Community College
			<u>Mascot</u>
9:15	9:35	10:04	New Mexico State University
			<u>2-Year College Large Co-Ed Show Cheer -- Intermediate</u>
9:25	9:45	10:12	Long Beach City College
			<u>4-Year College All Girl Show Cheer</u>
9:35	9:55	10:20	Sonoma State University
9:35	9:55	10:28	Hosei University
9:45	10:05	10:36	Waseda University
			<u>4-Year College All Girl Show Cheer -- Cont.</u>
9:55	10:15	10:44	California Baptist University
			<u>4-Year College Large Co-Ed Show Cheer</u>
10:05	10:25	10:52	Westcliff University
10:05	10:25	10:56	University of Wyoming

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>4-Year College Small Co-Ed Show Cheer -- Intermediate -- Cont.</u>
8:45	9:05	9:36	Centenary College
			<u>4-Year College Small Co-Ed Show Cheer</u>
8:55	9:15	9:44	San Jose State University
			<u>4-Year College Small Co-Ed Show Cheer -- Cont.</u>
9:05	9:25	9:52	Metropolitan State University of Denver
			<u>4-Year College Small Co-Ed Show Cheer -- Cont.</u>
9:15 PM	9:35 PM	10:00 PM	University of California San Diego
			<u>4-Year College Small Co-Ed Show Cheer -- Cont.</u>
9:25	9:45	10:08	California State University Fresno
			<u>4-Year College Small Co-Ed Show Cheer -- Cont.</u>
9:25	9:45	10:16	Colorado Mesa University
			<u>4-Year College Small Co-Ed Show Cheer -- Cont.</u>
9:35	9:55	10:24	California State University Fullerton
9:45	10:05	10:32	Colorado State University Pueblo
9:55	10:15	10:40	Cal Poly Pomona
			<u>4-Year College Large Co-Ed Show Cheer -- Intermediate</u>
9:55	10:15	10:48	New Mexico State University